


Skizzenbuch-Tagebuch



Ein 30-Tage-Journal mit Anleitung



Freiform



Erstellt mit LoomJournals

So verwendest du dieses Journal

Willkommen bei deinem Journal! Hier sind einige Tipps, um das Beste daraus zu machen:

- 1 Nimm dir jeden Tag ein paar Minuten zum Schreiben
- 2 Sei ehrlich und schreibe frei, ohne zu urteilen
- 3 Versuche, jeden Tag zur gleichen Zeit zu schreiben, um eine Gewohnheit aufzubauen
- 4 Lies deine Einträge wöchentlich durch, um Muster zu erkennen

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- Print the journal and keep it on your desk or in your bag
 - Sit down daily — even 5–10 minutes of sketching counts
 - Fill in the subject prompt to focus your eye before drawing
 - Note your medium (pencil, ink, watercolor) for future reference
 - Revisit old pages monthly to see how your style evolves

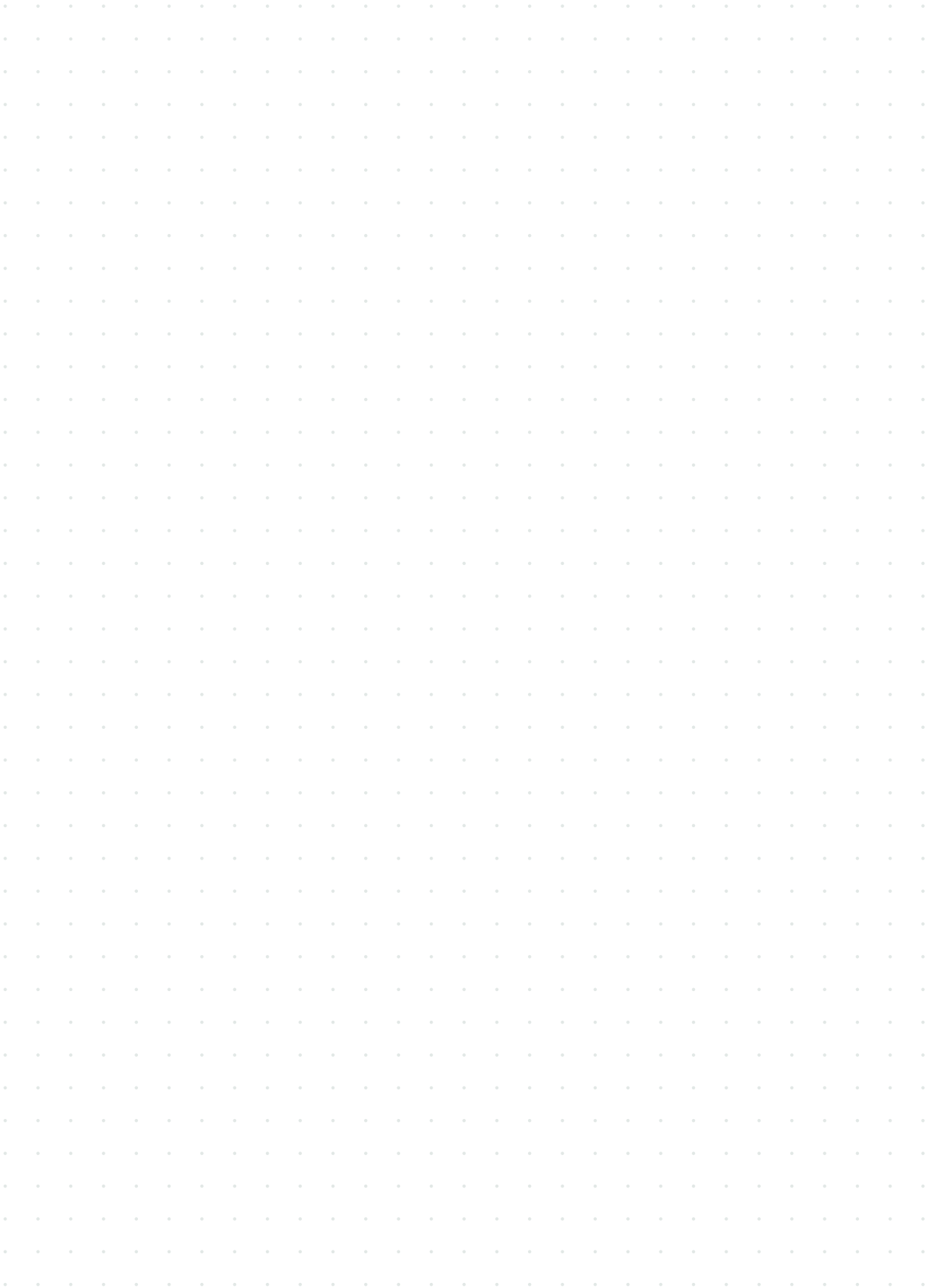


Scanne für eine ausführliche Anleitung zu diesem Journal

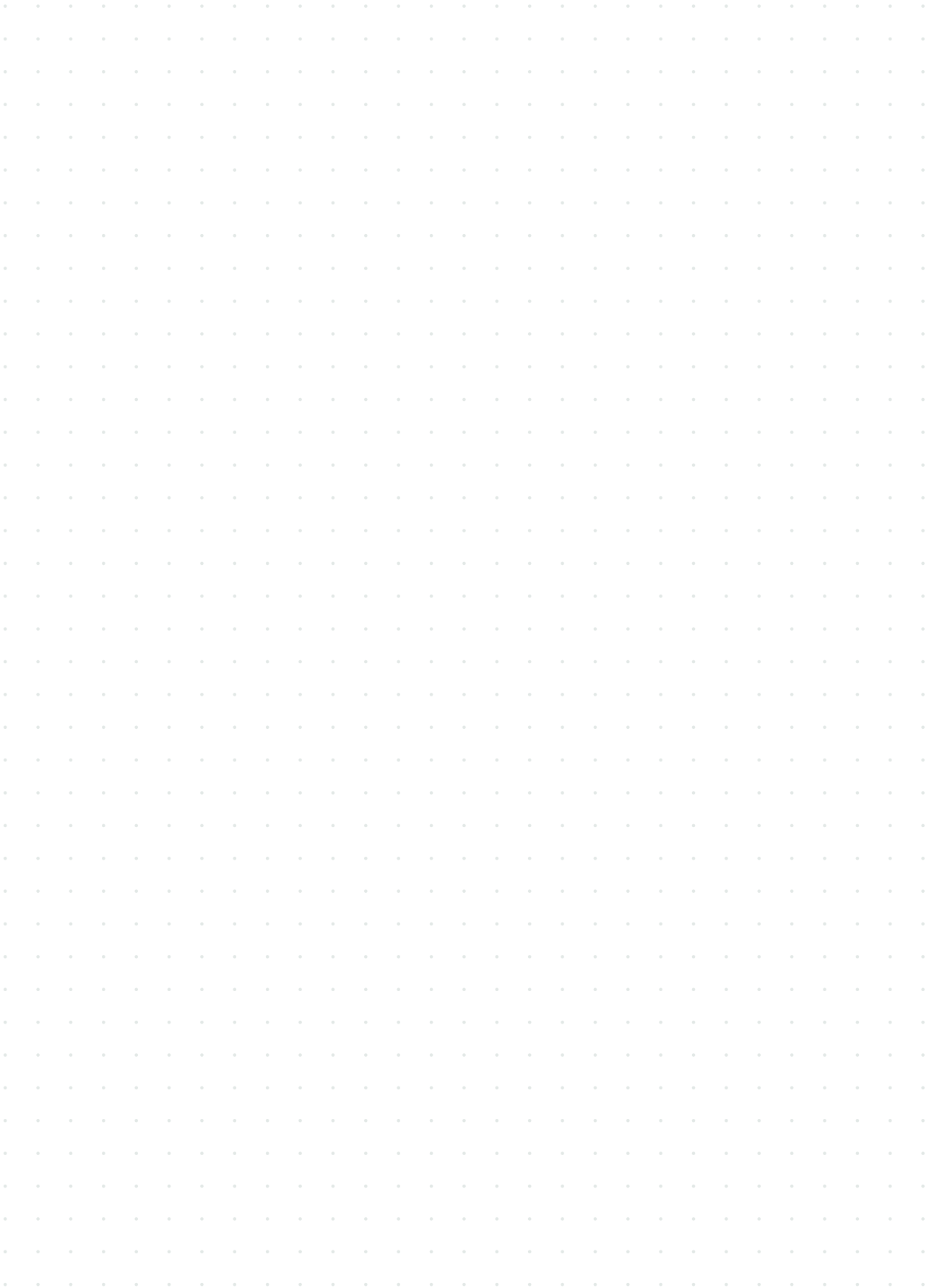
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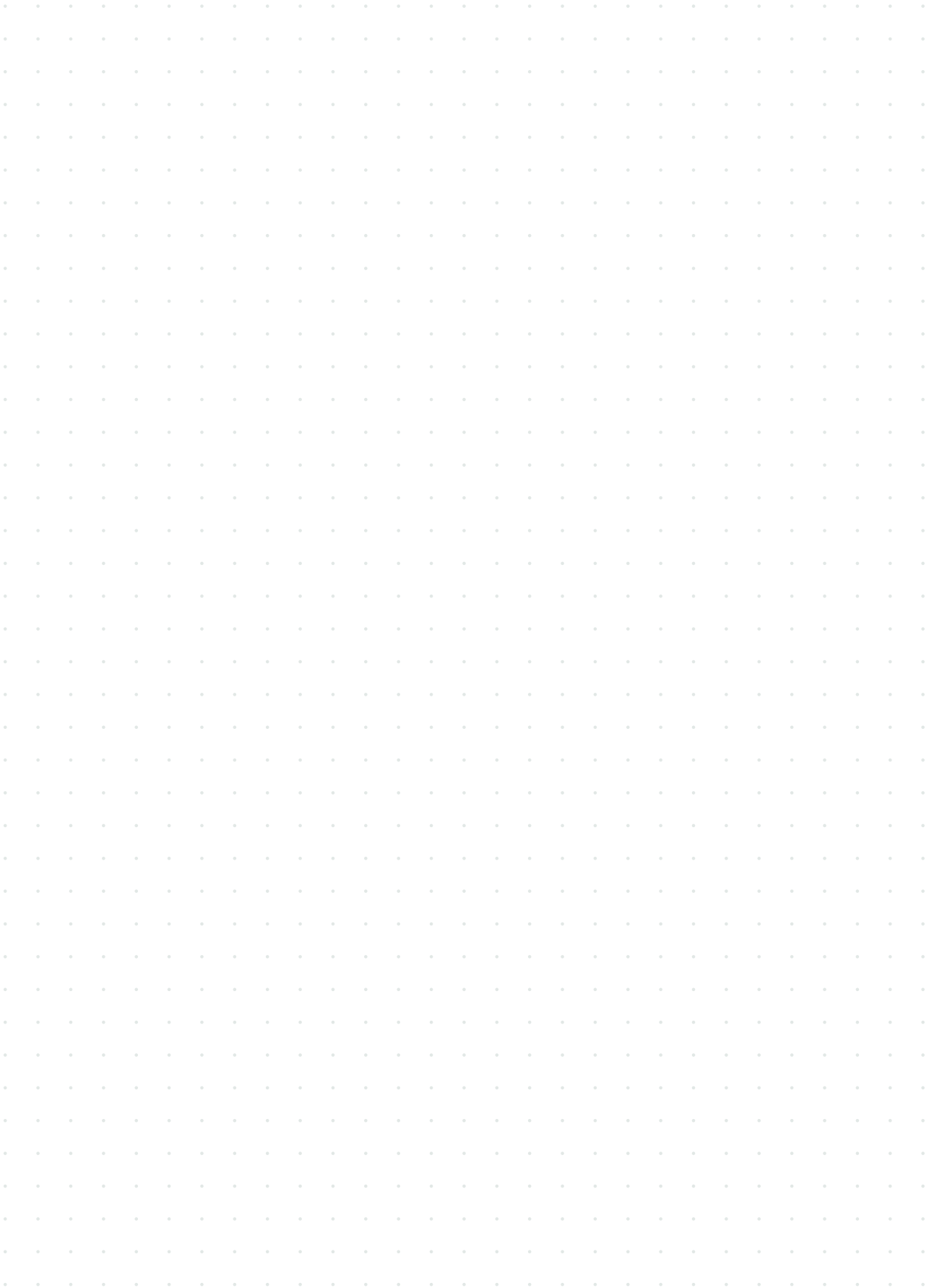
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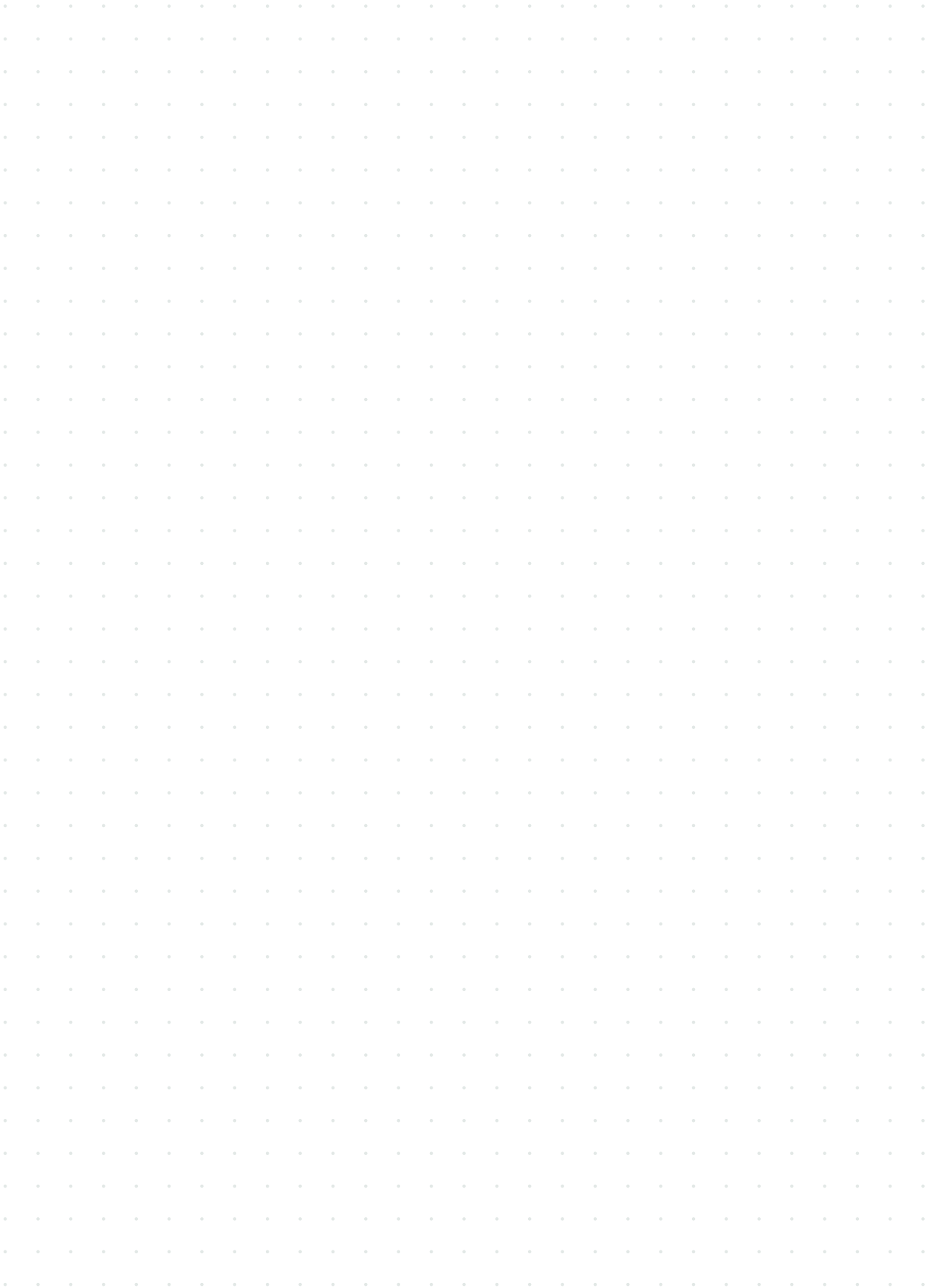
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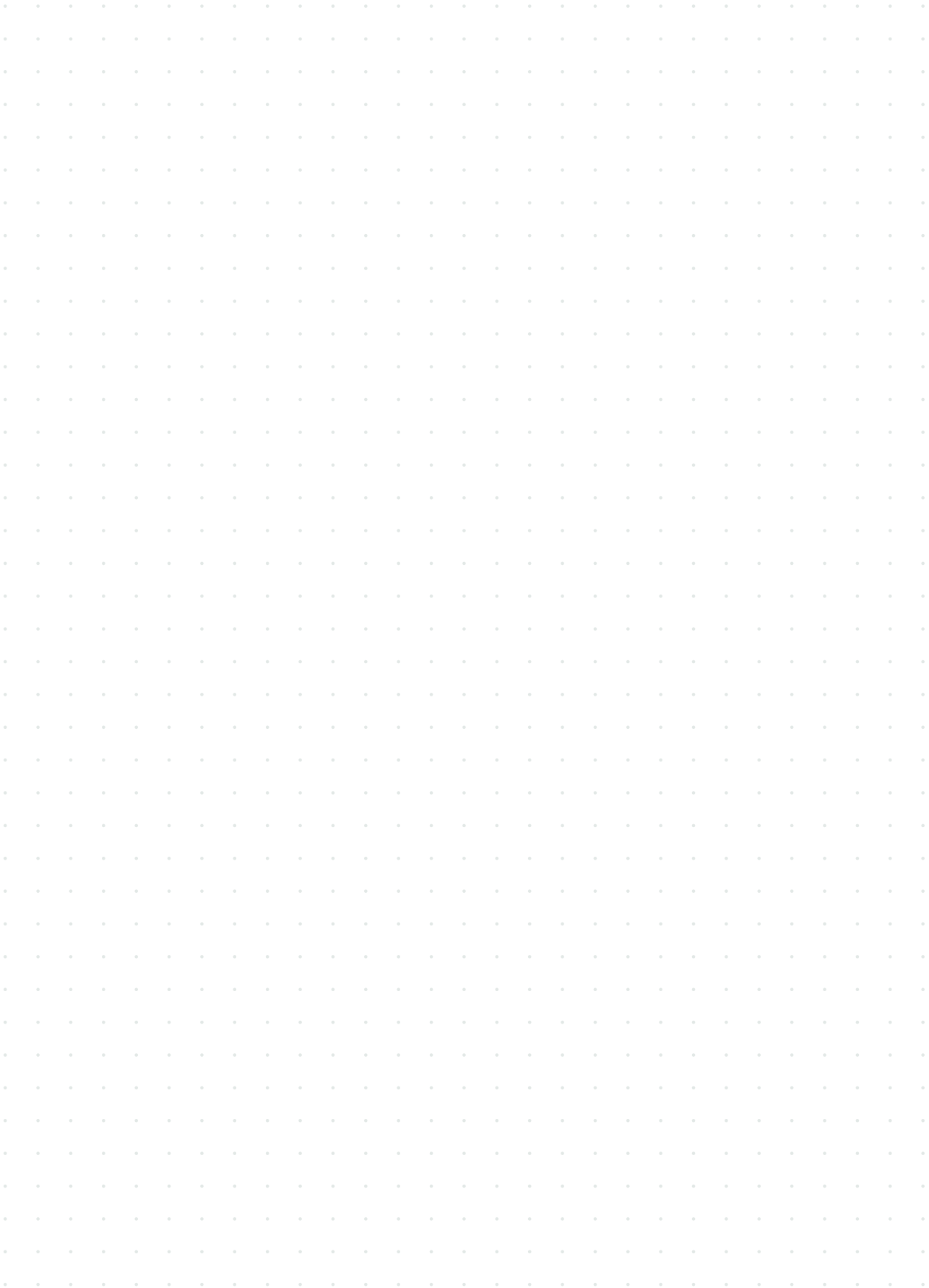
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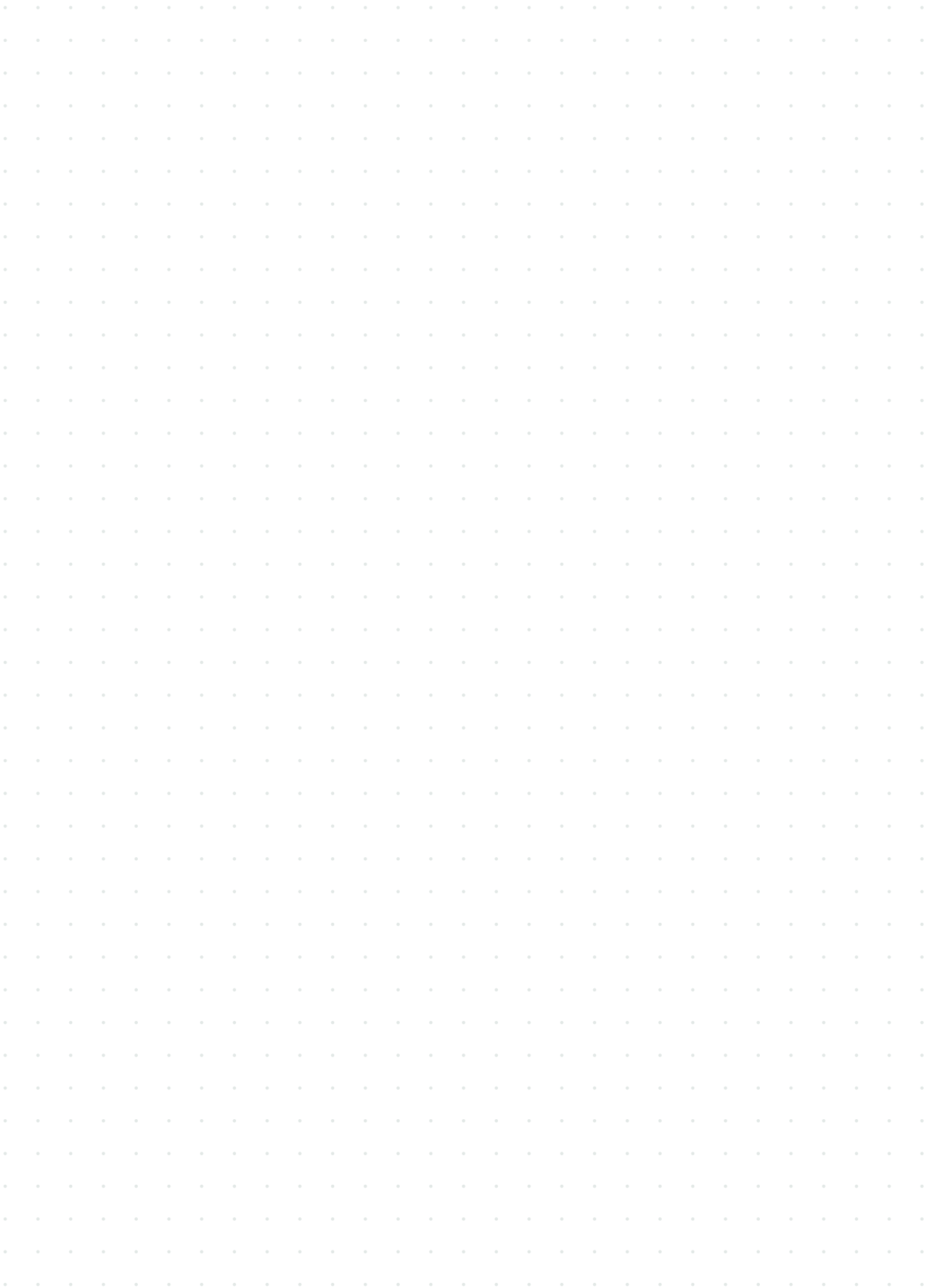
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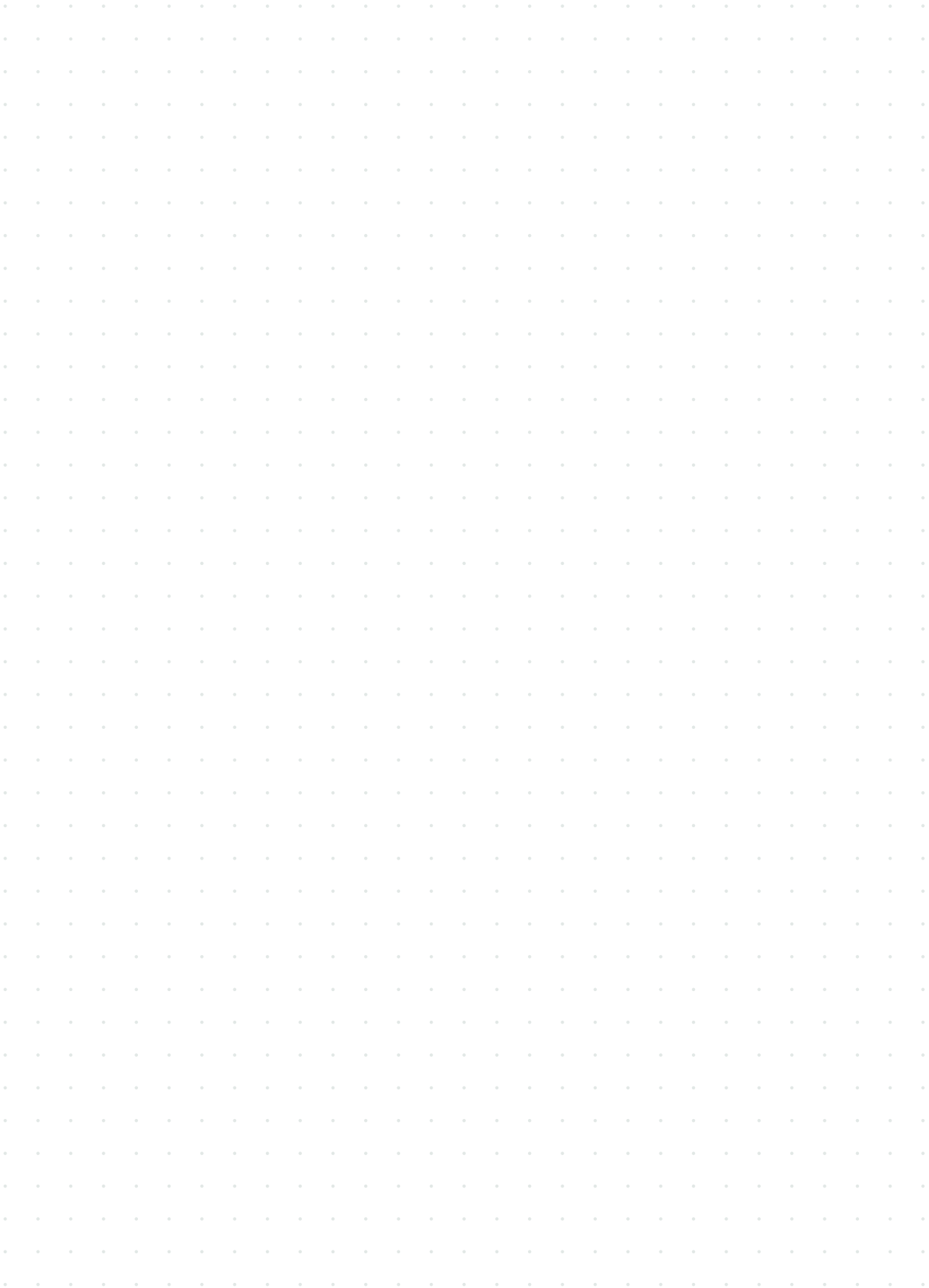
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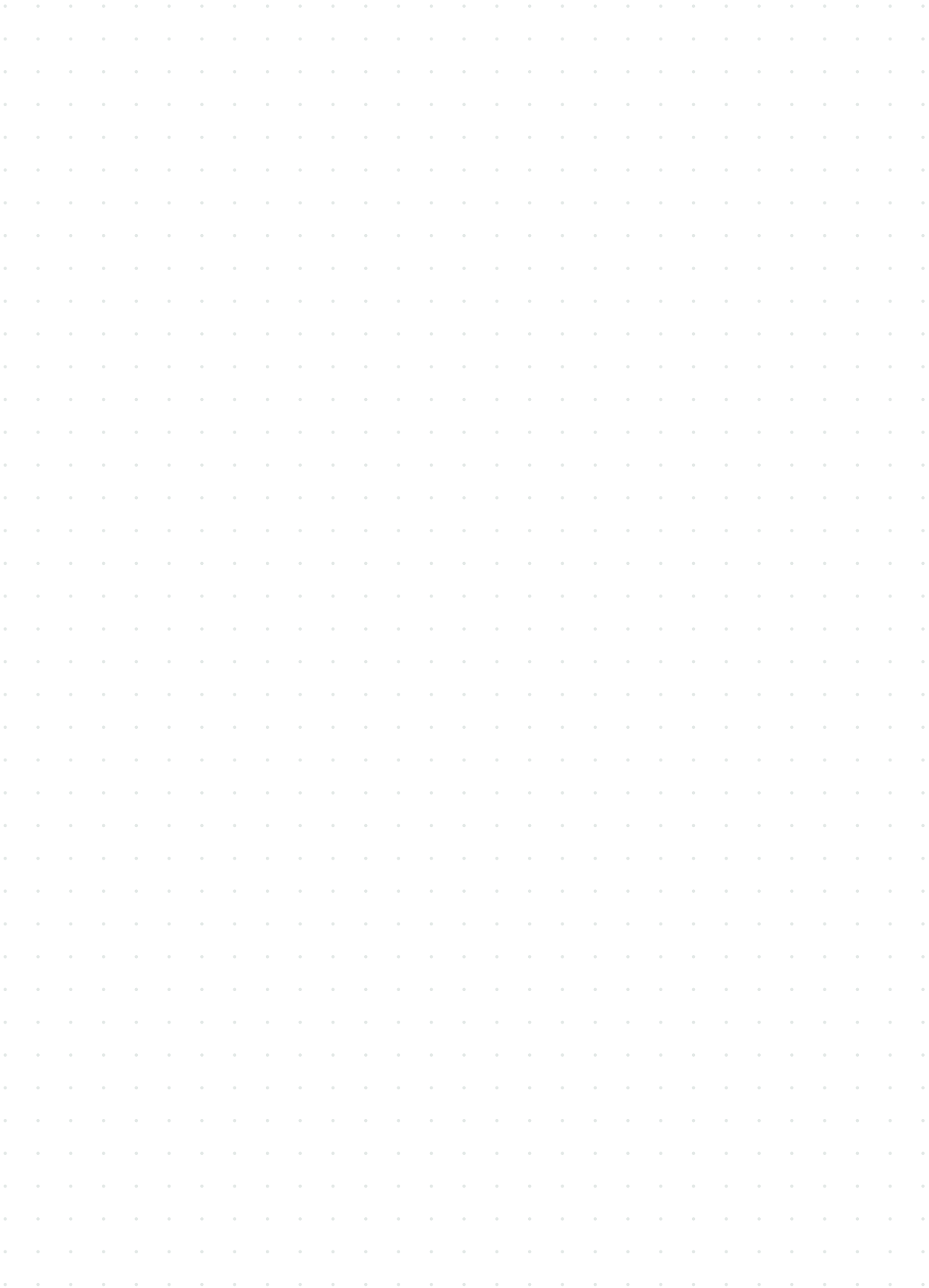
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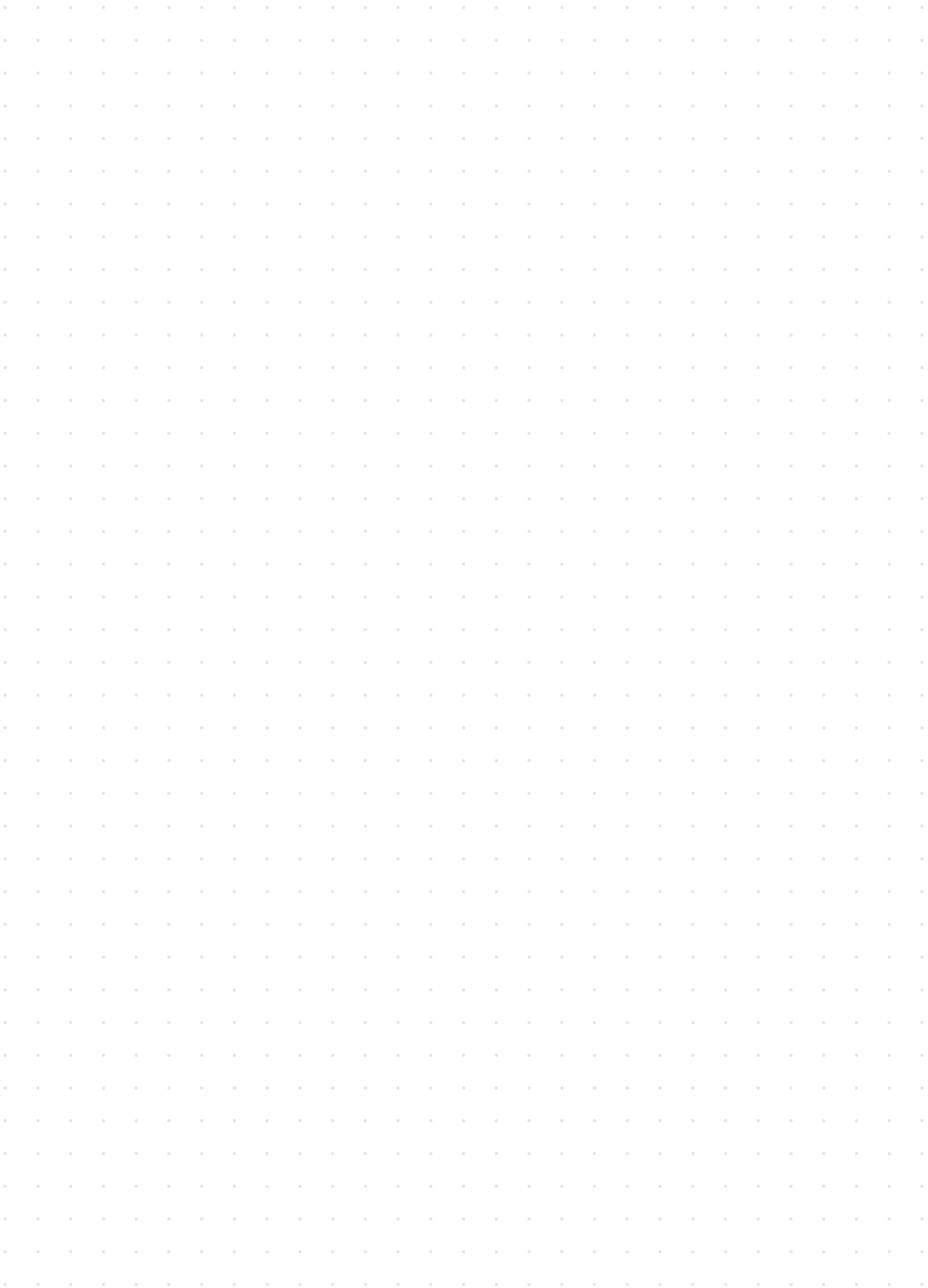
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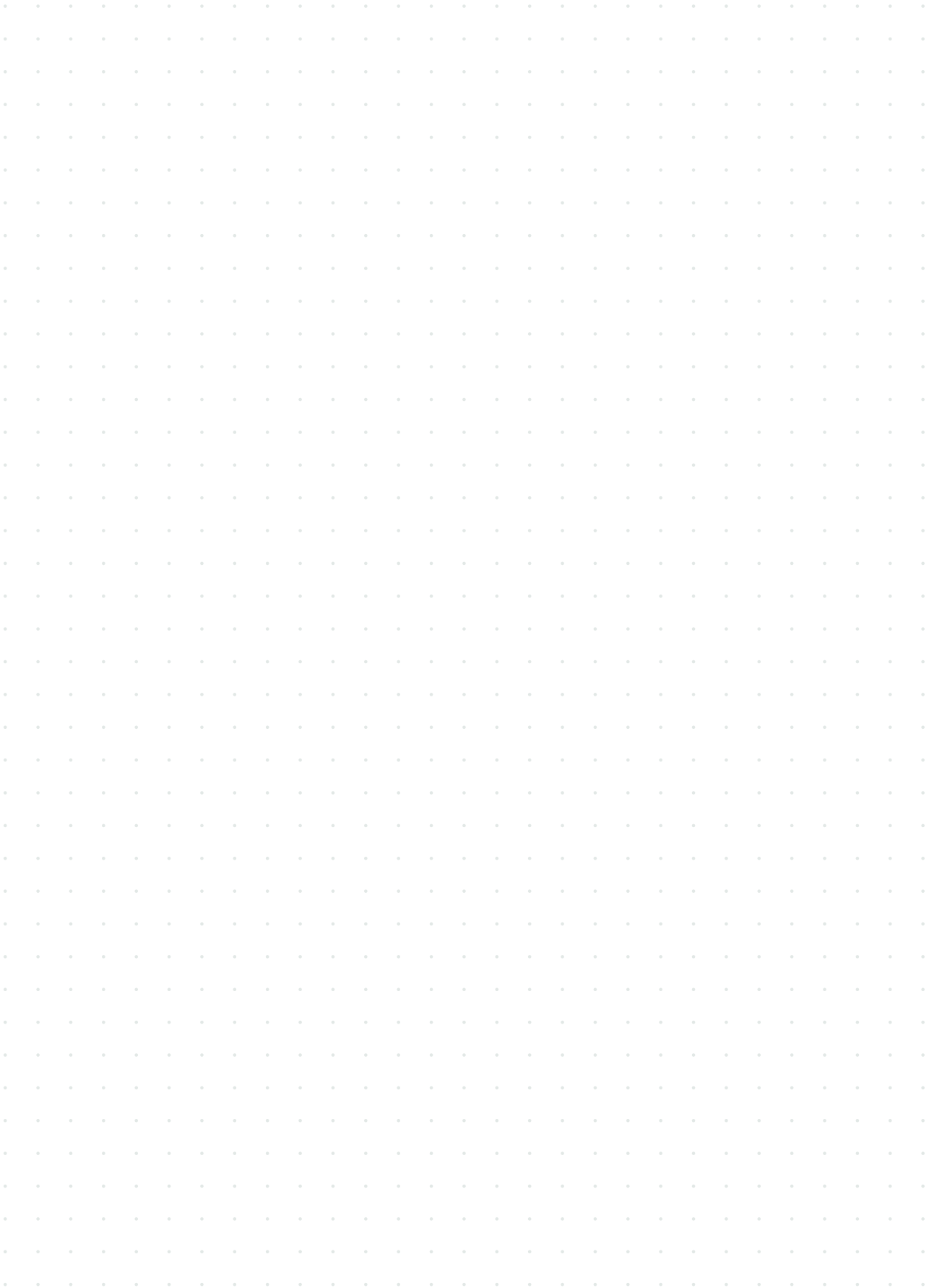
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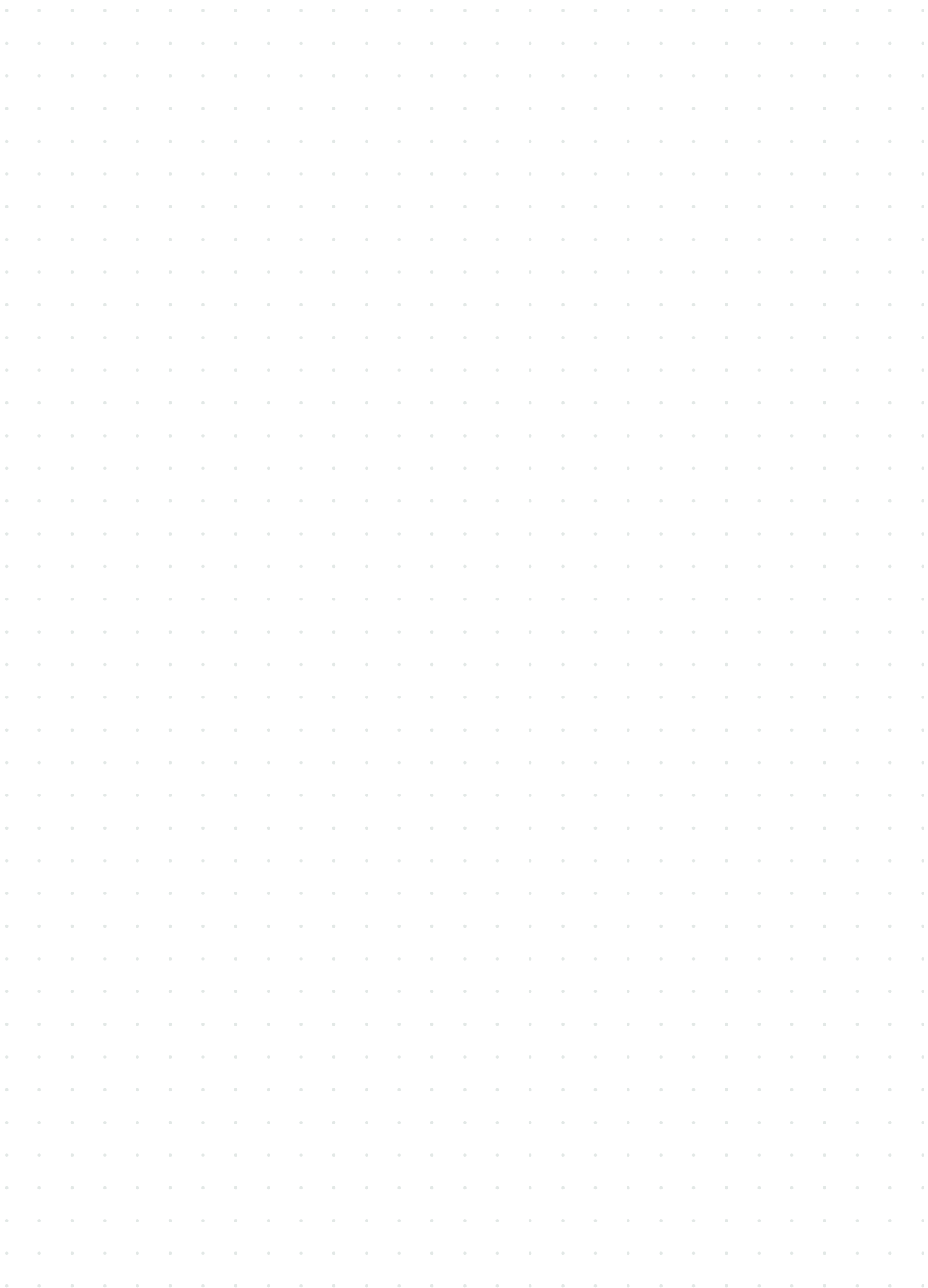
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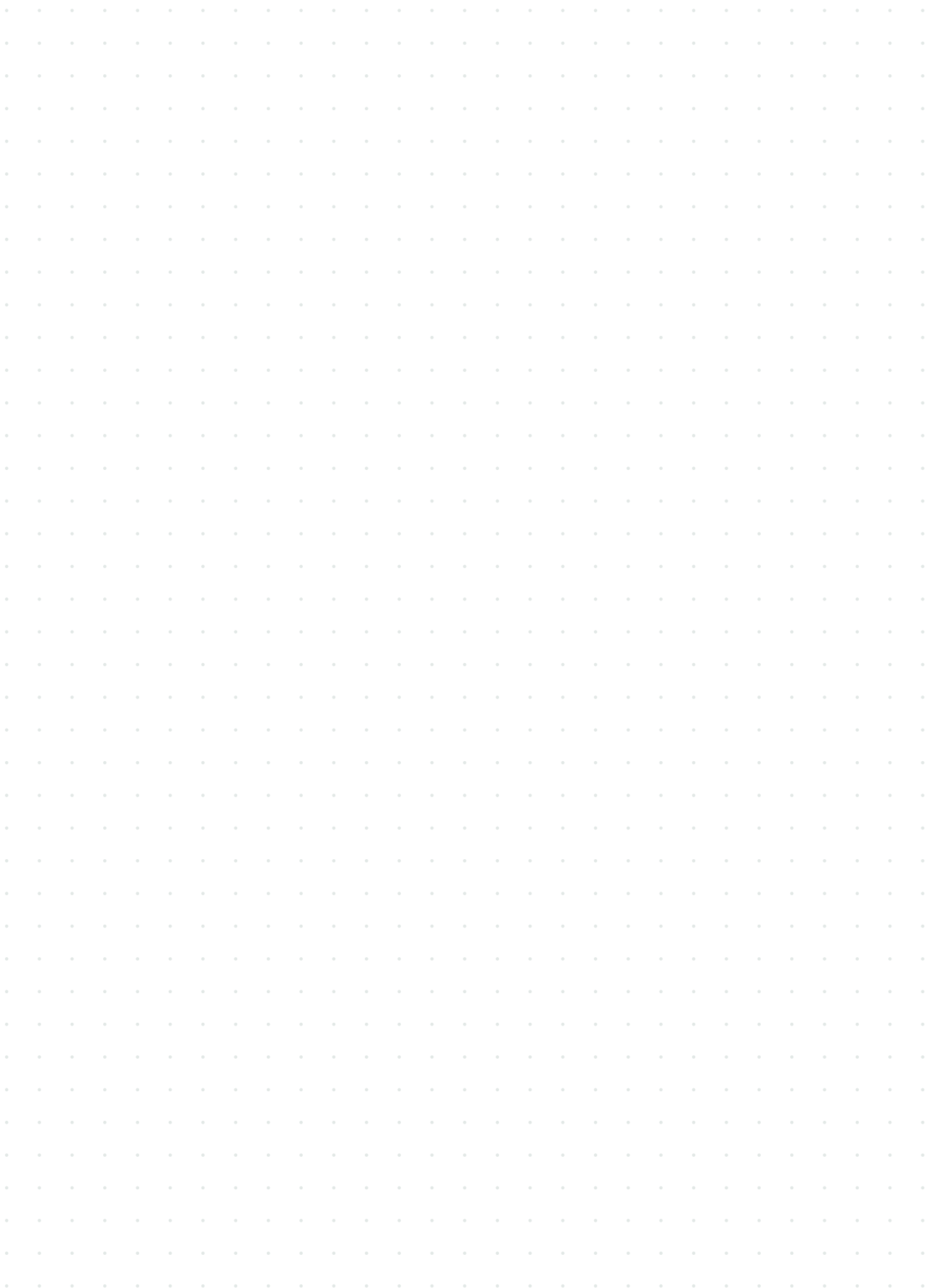
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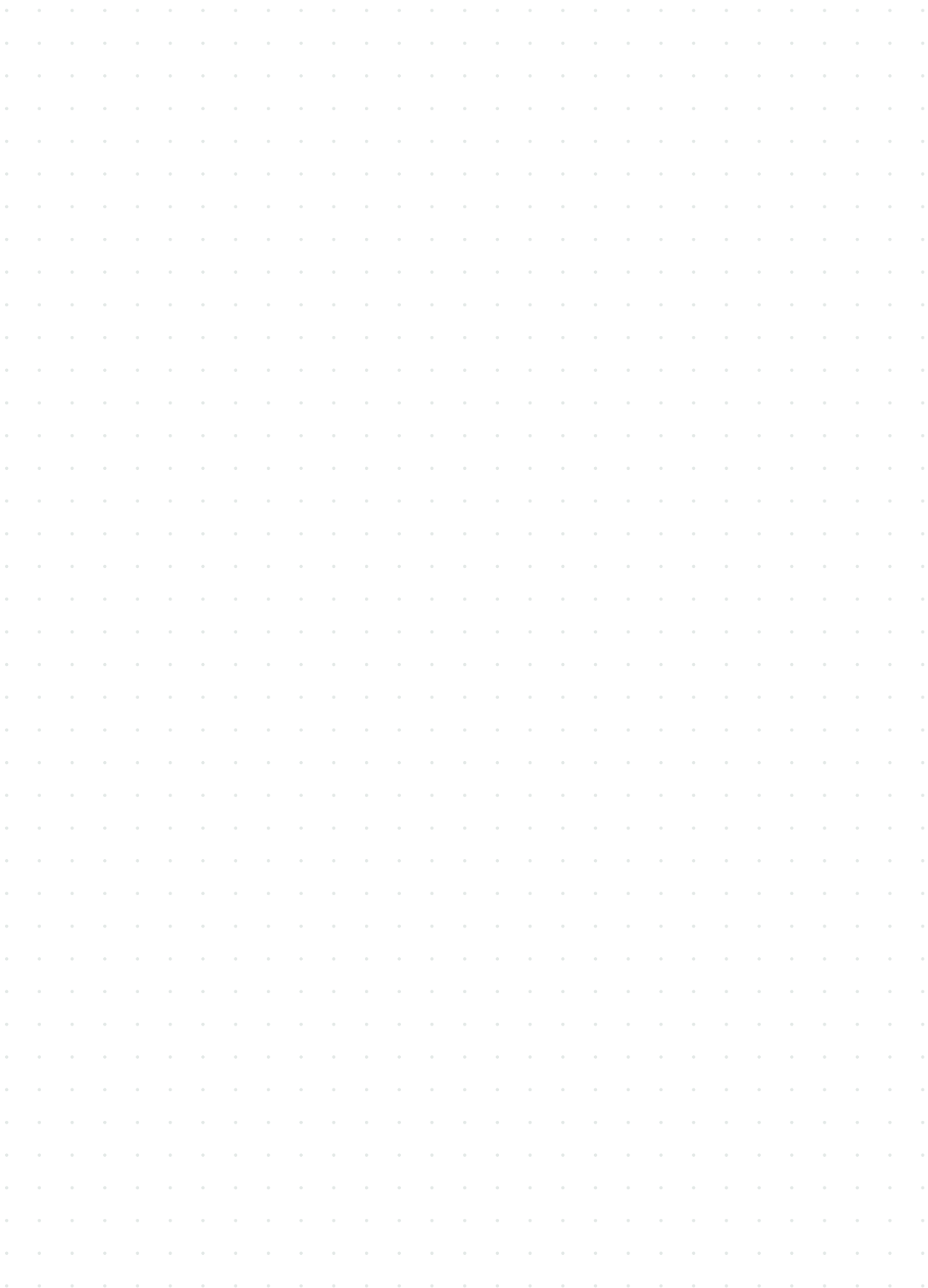
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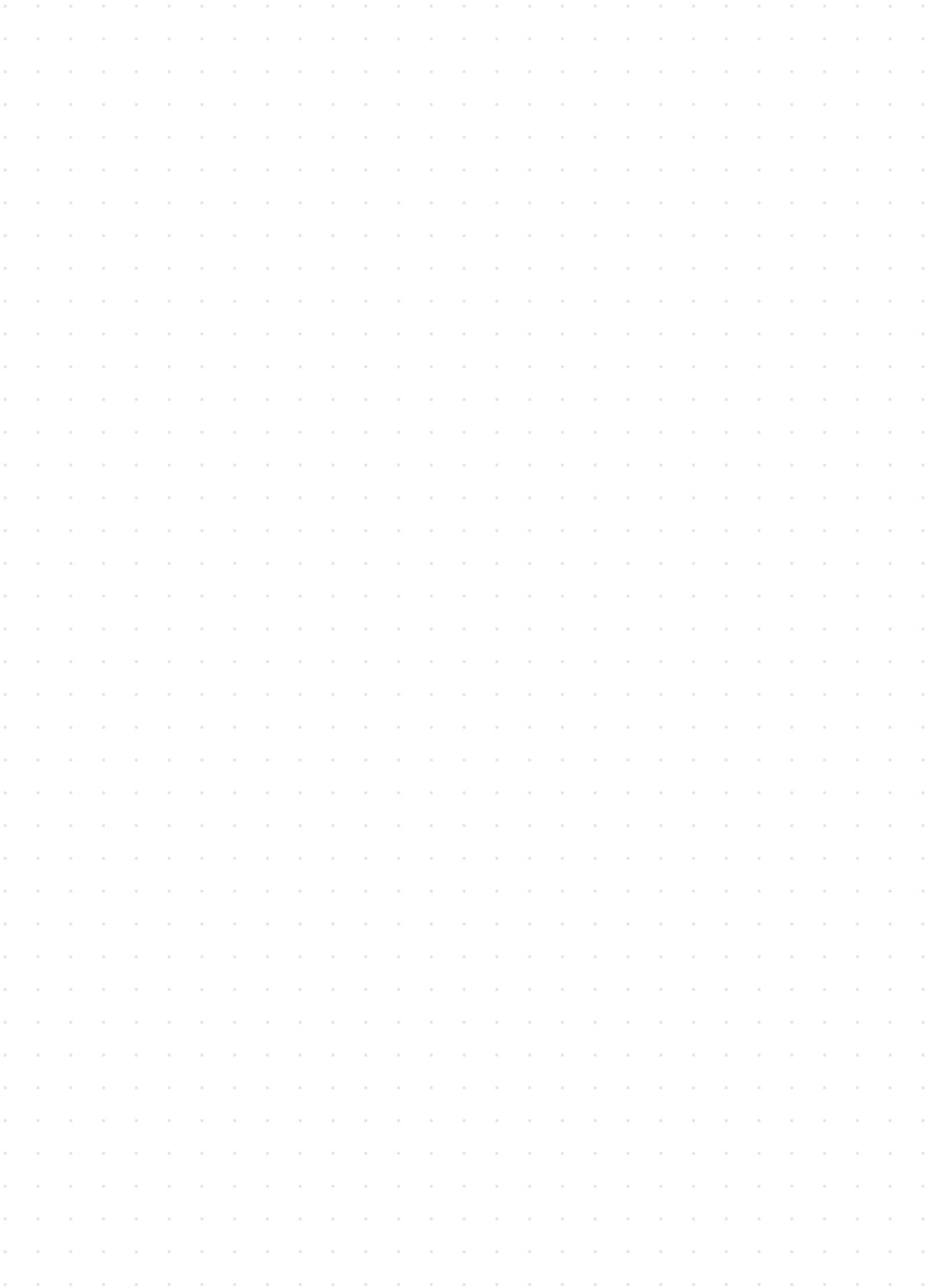
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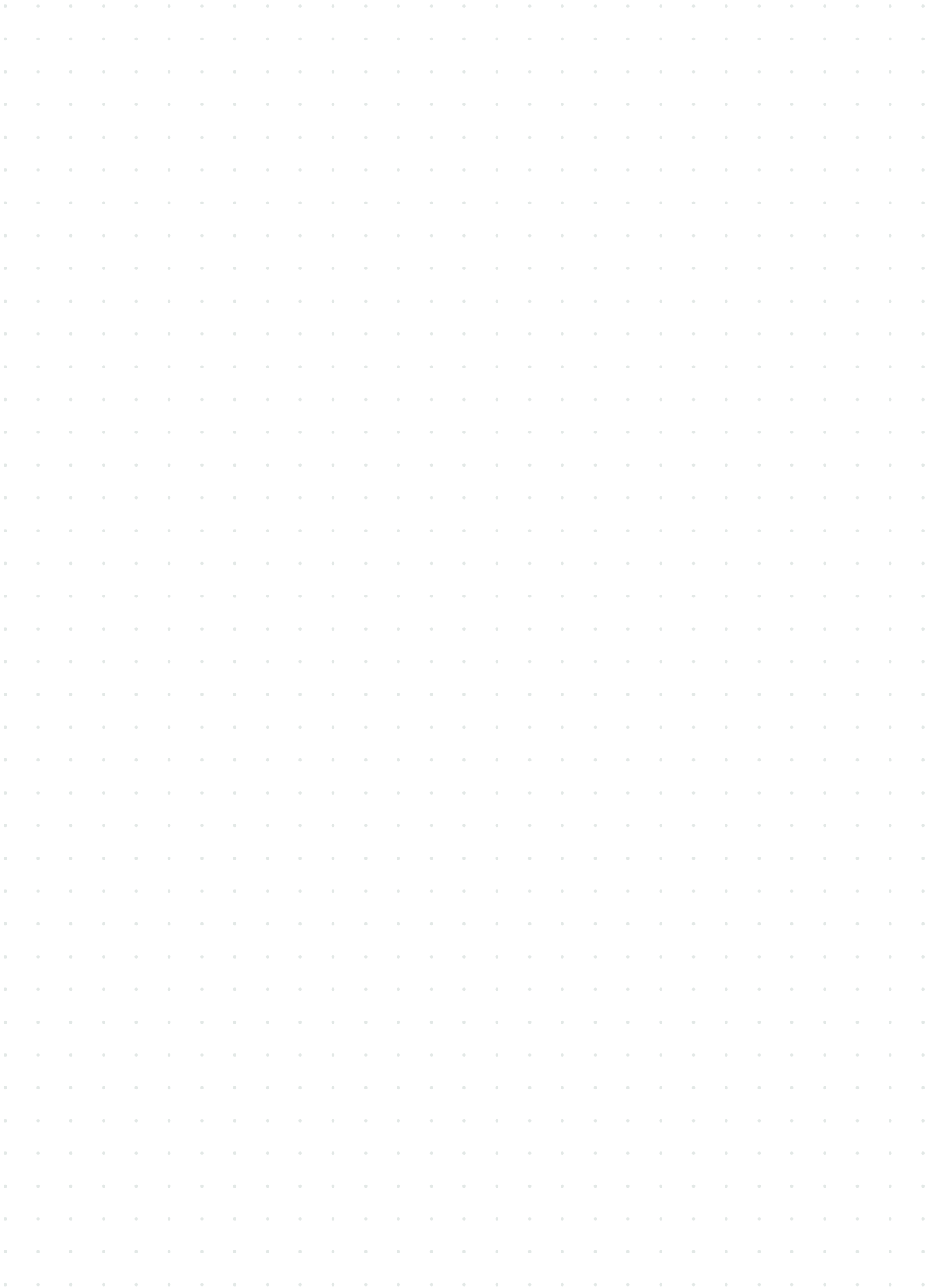
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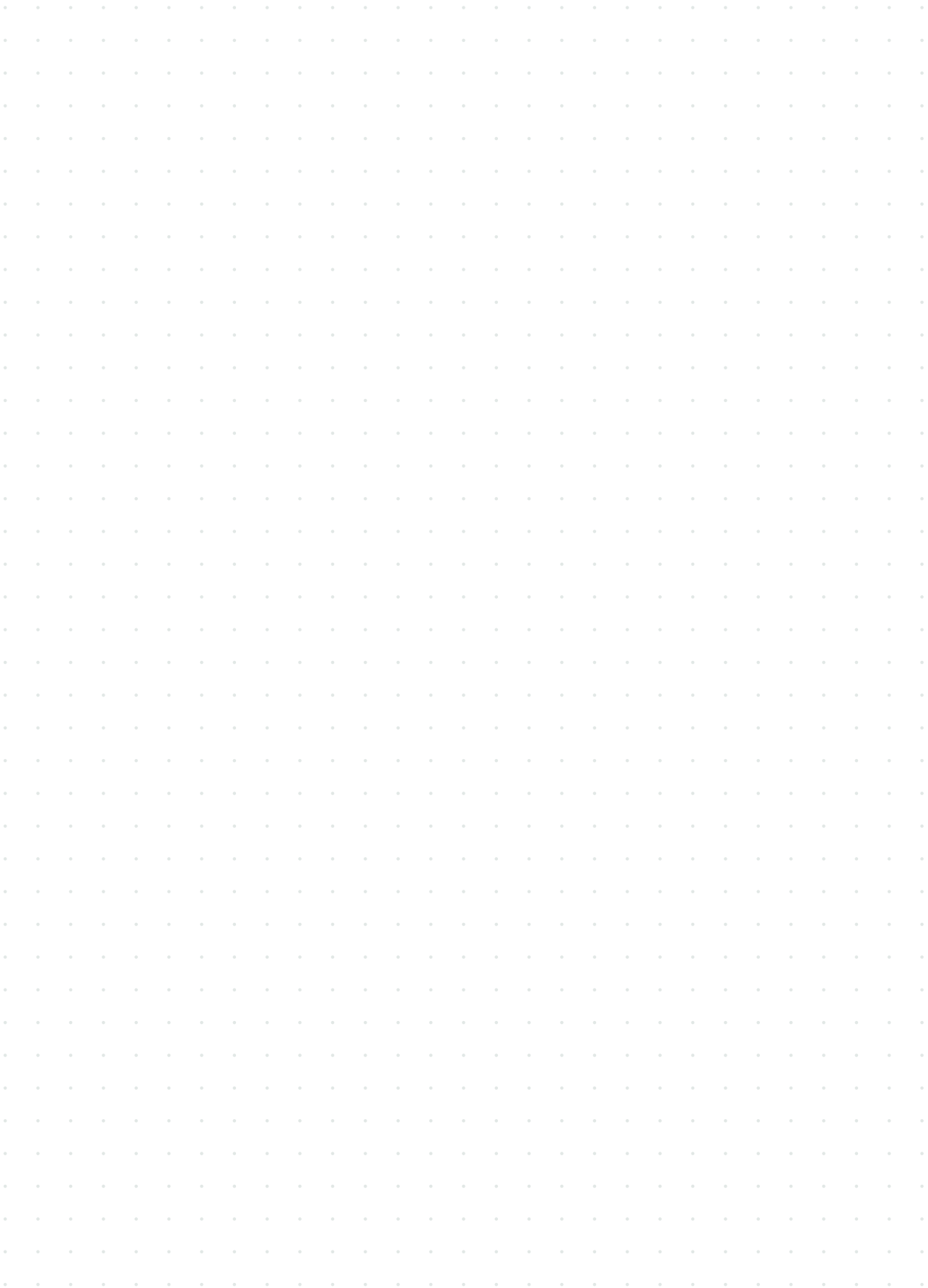
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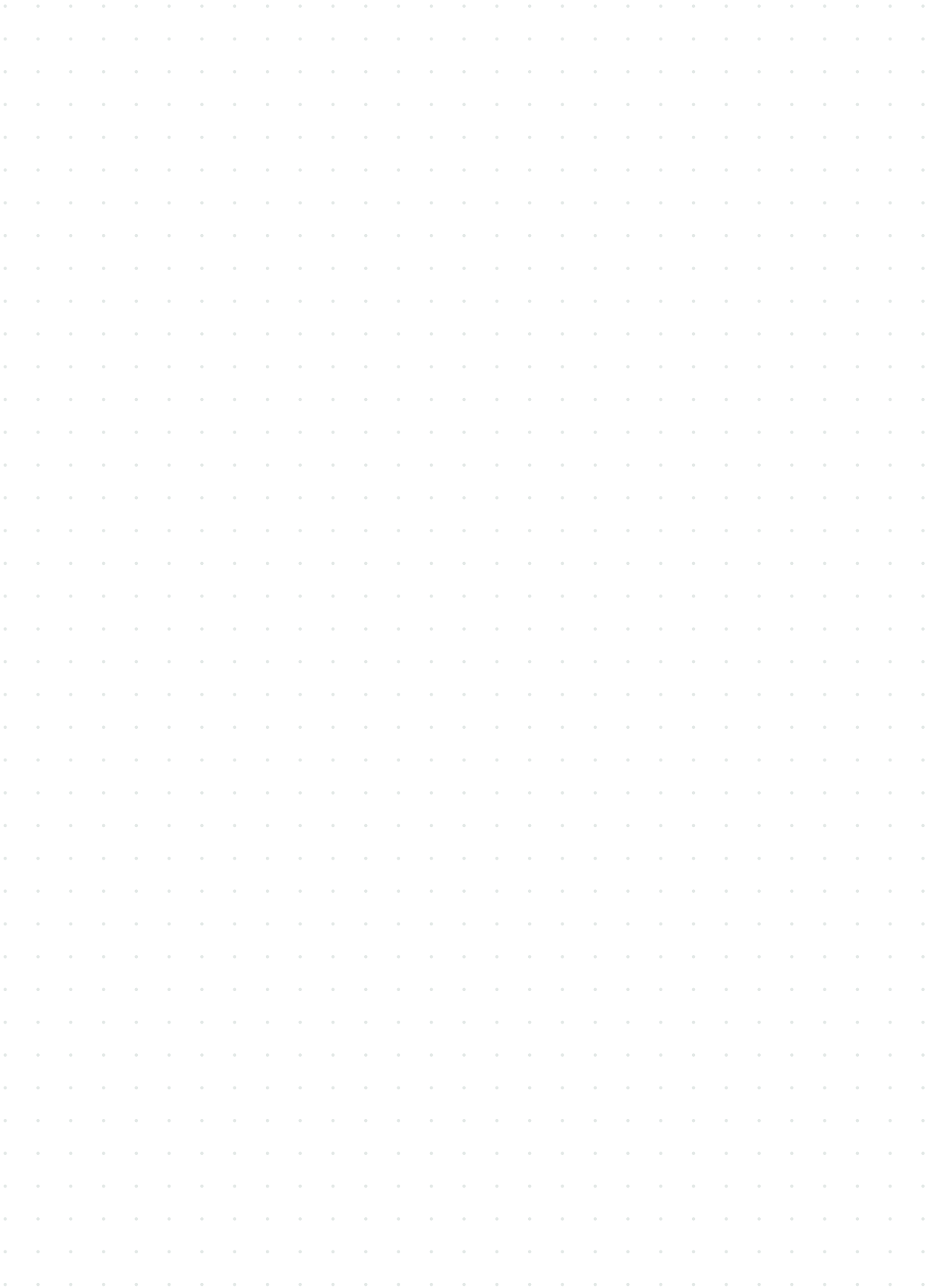
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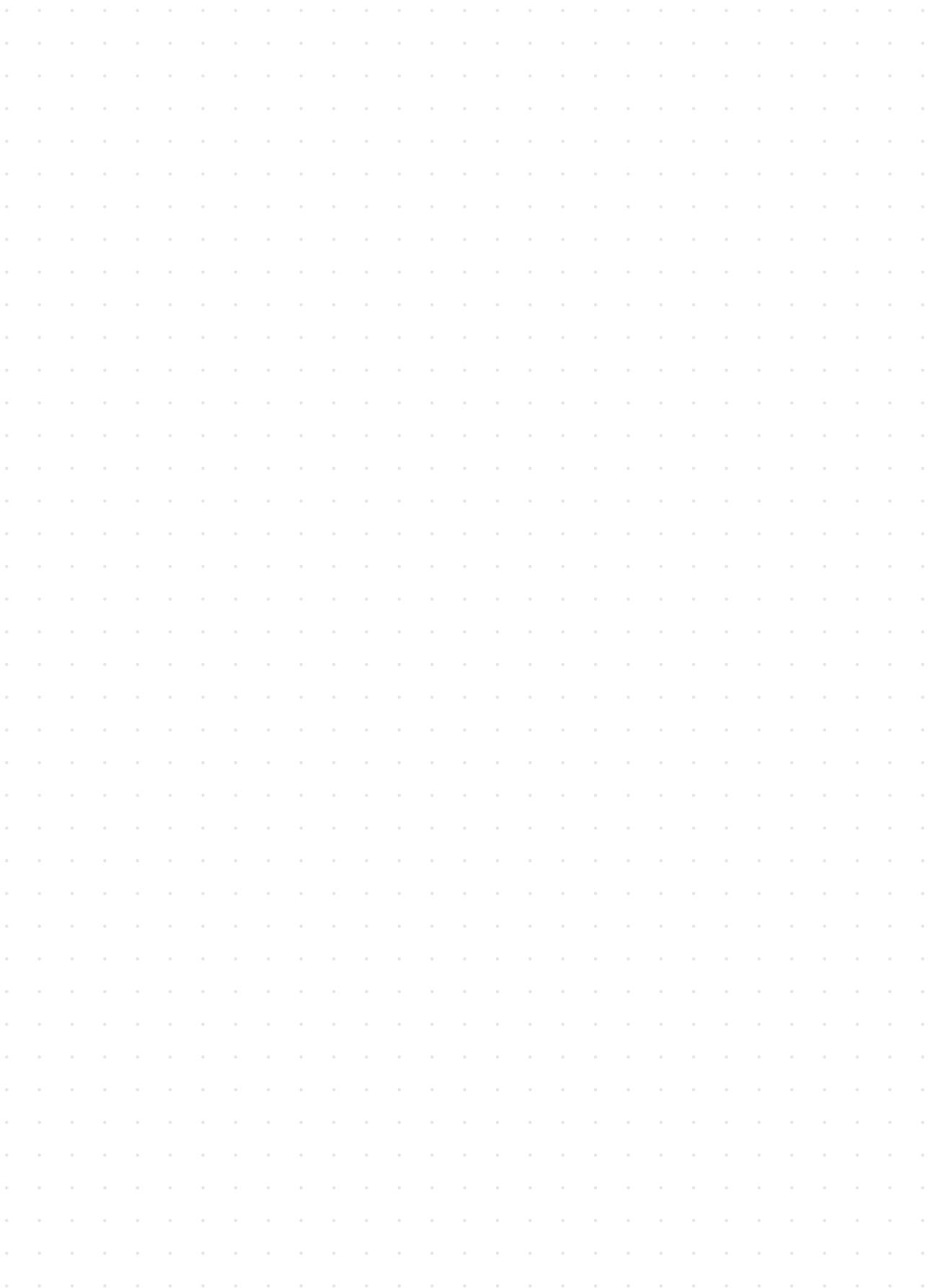
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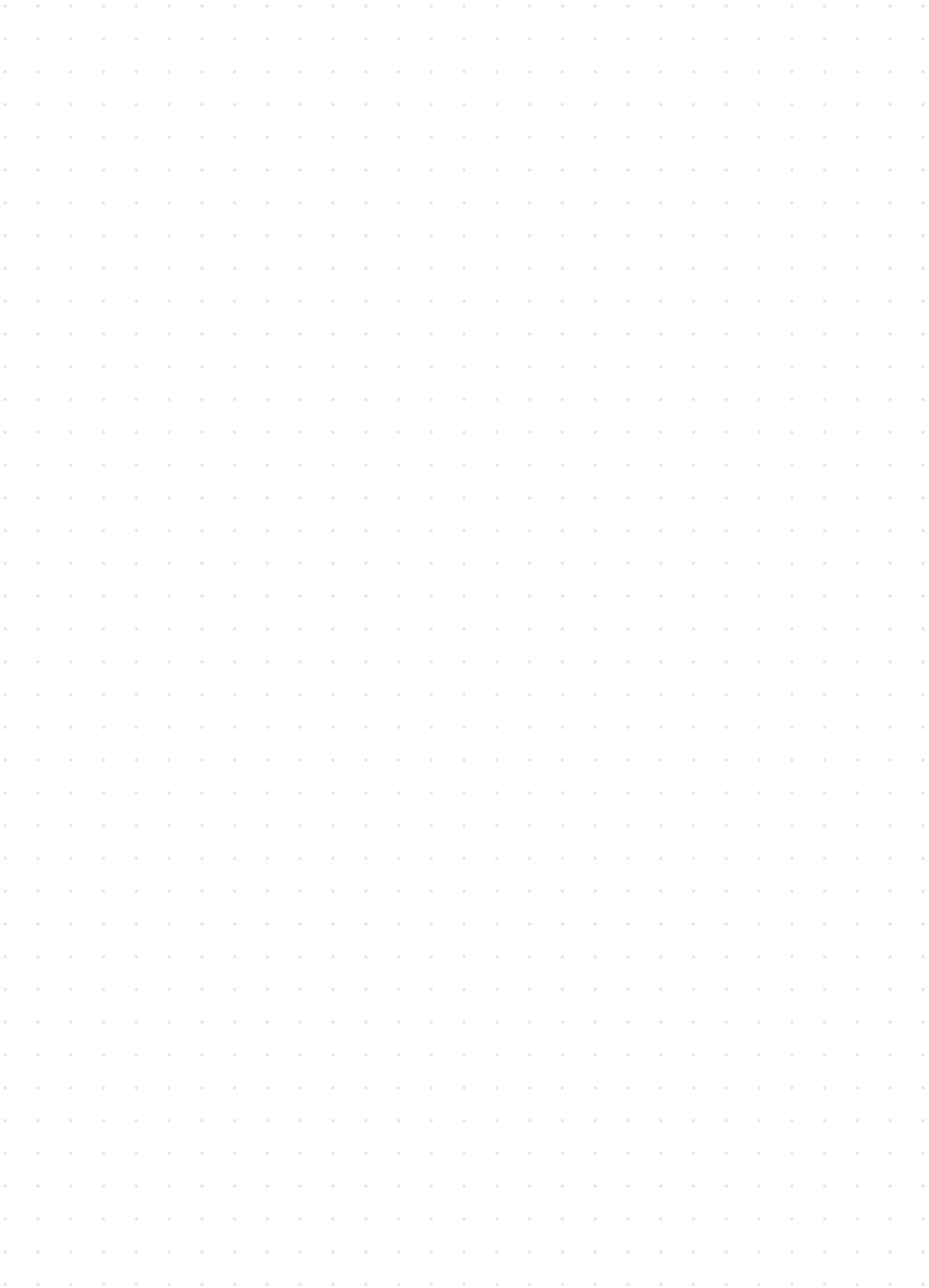
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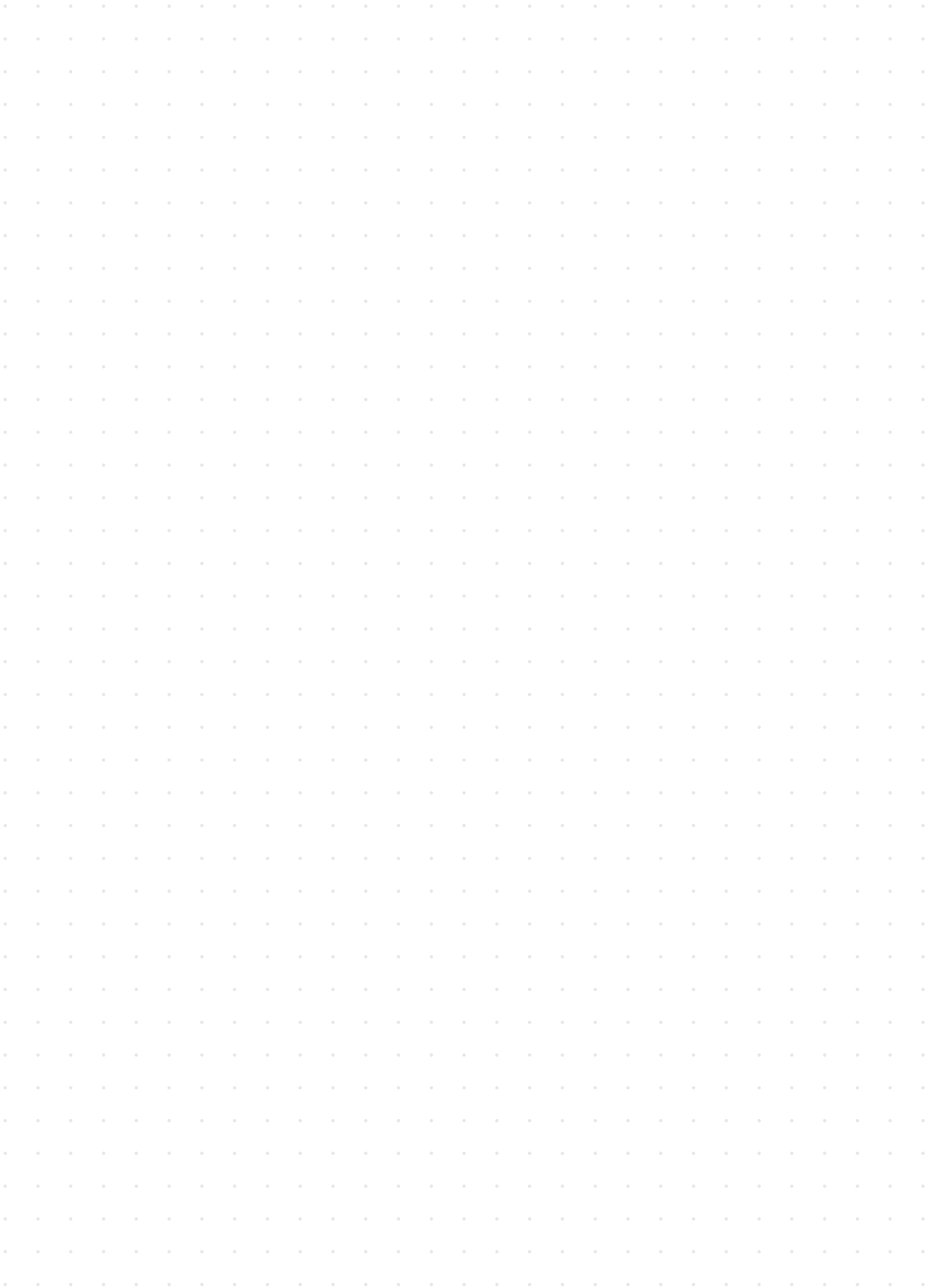
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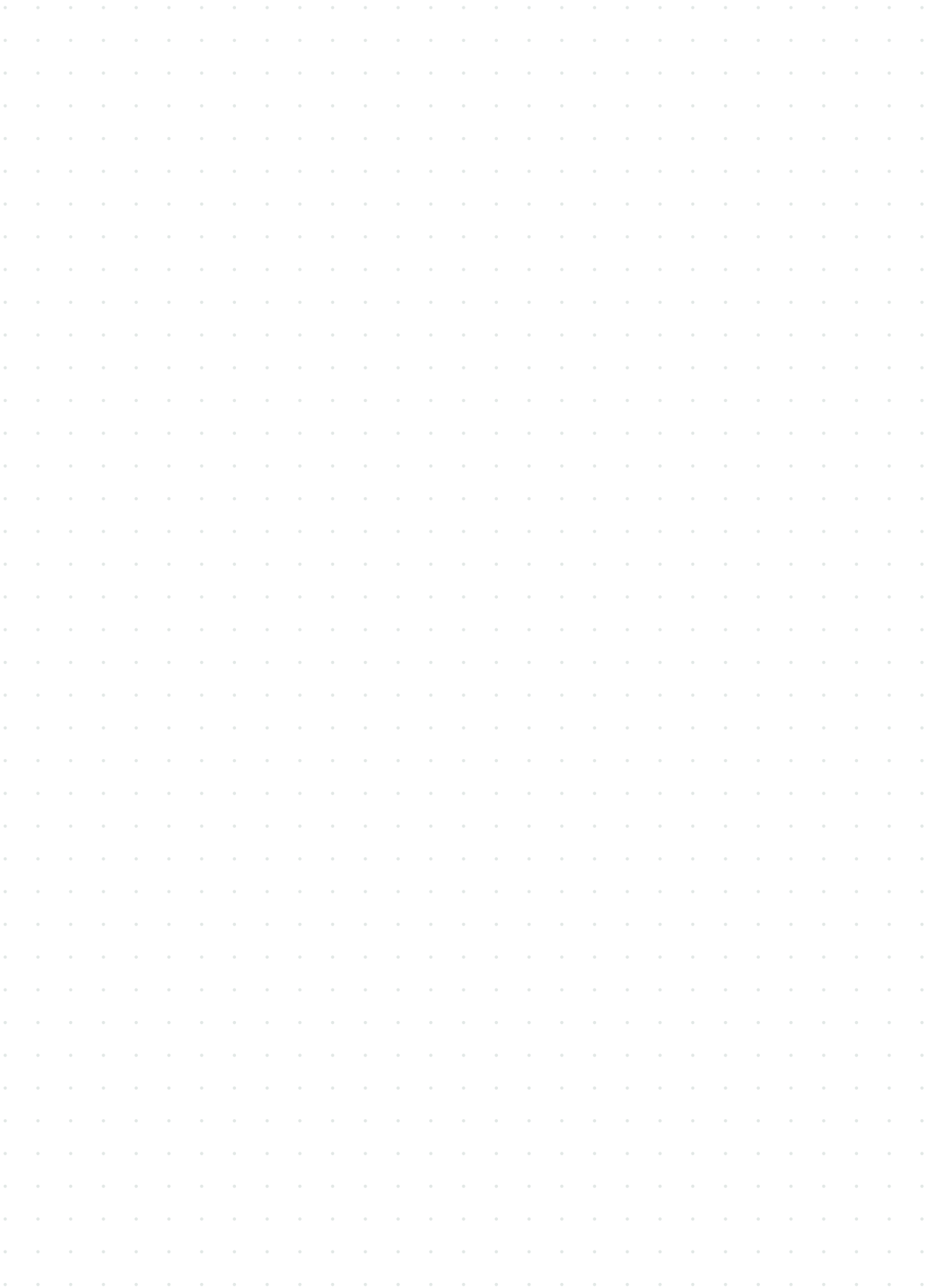
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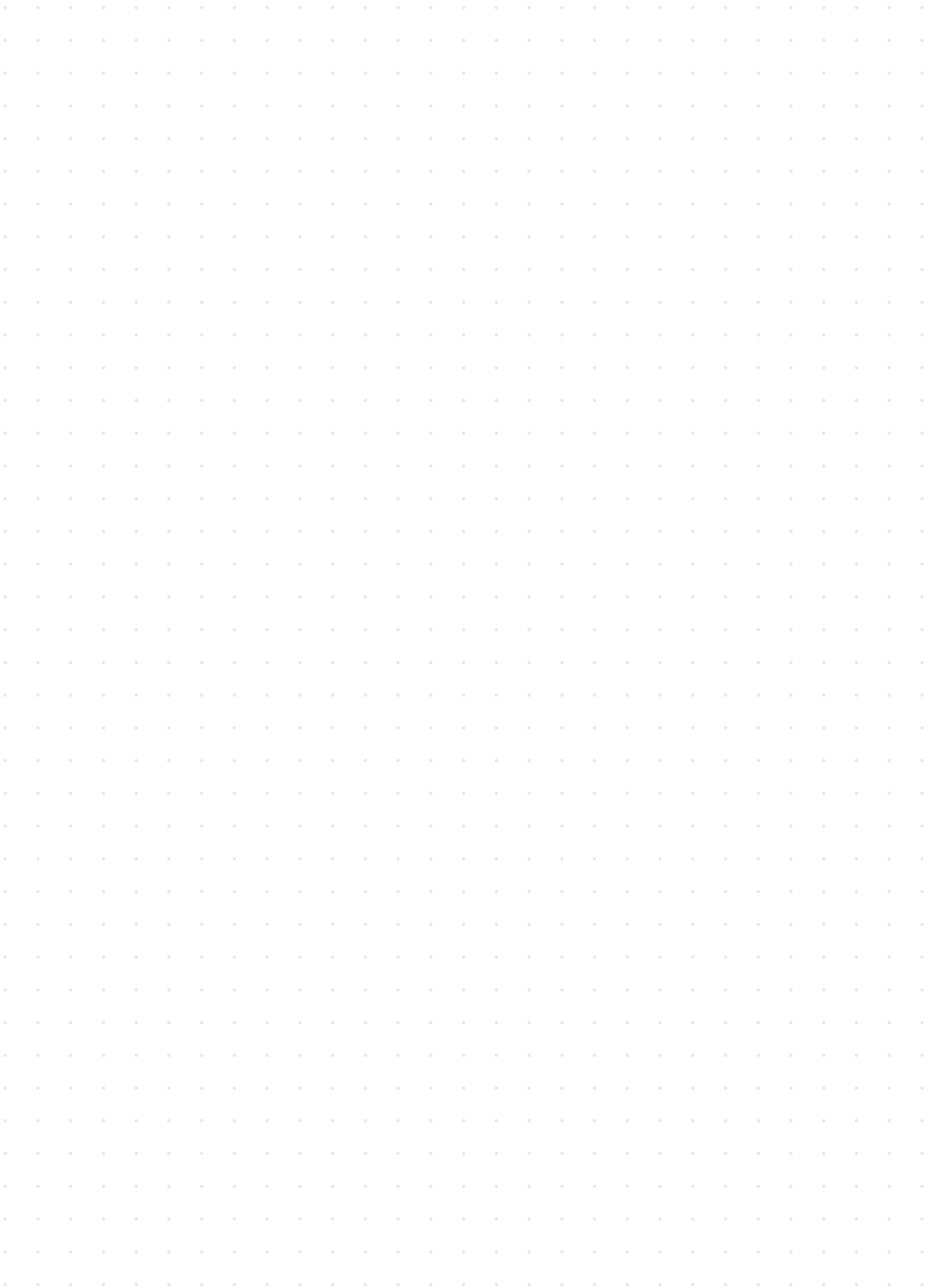
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