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# Garden Journal

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A 30-Day Guided Journal



Hybrid

Created with LoomJournals

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# How to Use This Journal

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Welcome to your journal! Here are some tips to get the most out of it:

- 1 Set aside a few minutes each day to write
- 2 Be honest and write freely without judgment
- 3 Try to write at the same time each day to build a habit
- 4 Review your entries weekly to notice patterns

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- Each morning, record the weather, temperature, and check watered / fertilized
  - Note which plant or bed you worked on and what action you took
  - Log any pest sightings, diseases, or unusual observations
  - Record harvests with quantity and quality notes
  - Review past entries at the start of each season to plan improvements



Scan for a detailed guide on how to use this journal

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