


Tarot Journal



A 30-Day Guided Journal



Hybrid

Created with LoomJournals

How to Use This Journal

Welcome to your journal! Here are some tips to get the most out of it:

- 1 Set aside a few minutes each day to write
- 2 Be honest and write freely without judgment
- 3 Try to write at the same time each day to build a habit
- 4 Review your entries weekly to notice patterns

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- Morning: draw your card(s), record the spread type, deck, and whether any card is reversed
 - Note your first impressions — symbols, colors, figures that catch your eye
 - Write what message this card carries for you today
 - Reflect on the personal connection — how does it mirror your current life?
 - Evening: rate your intuition and connection, note any action steps or lessons



Scan for a detailed guide on how to use this journal

Date: _____

Card draw: _____

Spread type: _____

Deck used: _____

Card reversed:

Intuition score: 1 2 3 4 5 6 7 8 9 10

Connection score: 1 2 3 4 5 6 7 8 9 10



Card reading *(what symbols, colors, or images catch your eye? what's the first sensation?)*

Card message *(what guidance or warning does the card carry for today?)*

Personal connection *(how does the card's energy reflect what's happening in your life right now?)*

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