


Wine Journal



A 30-Day Guided Journal



Hybrid

Created with LoomJournals

How to Use This Journal

Welcome to your journal! Here are some tips to get the most out of it:

- 1 Set aside a few minutes each day to write
- 2 Be honest and write freely without judgment
- 3 Try to write at the same time each day to build a habit
- 4 Review your entries weekly to notice patterns

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- Record the wine name and region
 - Note grape variety and vintage
 - Rate and write tasting notes



Scan for a detailed guide on how to use this journal

Date: _____

Wine name: _____

Producer / Vineyard: _____

Vintage: _____

Region / Country: _____

Grape: _____

Alcohol %: _____ Price: _____

Occasion: _____

Food pairing: _____

Rating: 1 2 3 4 5 6 7 8 9 10



Sight (*color, clarity, intensity — what do you see in the glass?*)

Nose / Aroma (*fruit, floral, spice, earth — what aromas do you detect?*)

Palate / Taste (*acidity, tannins, body, balance, finish — describe the palate*)

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