


Luova päiväkirja



30 päivän ohjattu päiväkirja



Vapaamuotoinen



Luotu LoomJournals-palvelulla

Kuinka käyttää tätä päiväkirjaa

Tervetuloa päiväkirjasi pariin! Tässä muutamia vinkkejä, joilla saat siitä parhaan hyödyn:

- 1 Varaa muutama minuutti joka päivä kirjoittamiseen
- 2 Ole rehellinen ja kirjoita vapaasti arvostelematta
- 3 Yritä kirjoittaa samaan aikaan joka päivä tavan muodostamiseksi
- 4 Käy merkintäsi läpi viikoittain havaitaksesi toistuvia kaavoja



Skannaa saadaksesi yksityiskohtaisen oppaan tämän päiväkirjan käyttöön

Päivämäärä: _____

Topic: _____

A large grid of small dots, arranged in approximately 25 columns and 35 rows, intended for writing the main content of the page.

Päivämäärä: _____

Topic: _____

A large grid of small dots for writing, consisting of 20 columns and 30 rows of dots.

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Topic: _____

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