


Journal de croquis



Un journal guidé de 30 jours



Libre



Créé avec LoomJournals

Comment utiliser ce journal

Bienvenue dans votre journal ! Voici quelques conseils pour en tirer le meilleur parti :

- 1 Réservez quelques minutes chaque jour pour écrire
- 2 Soyez honnête et écrivez librement, sans vous juger
- 3 Essayez d'écrire à la même heure chaque jour pour créer une habitude
- 4 Relisez vos entrées chaque semaine pour repérer des tendances

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- Print the journal and keep it on your desk or in your bag
 - Sit down daily — even 5–10 minutes of sketching counts
 - Fill in the subject prompt to focus your eye before drawing
 - Note your medium (pencil, ink, watercolor) for future reference
 - Revisit old pages monthly to see how your style evolves

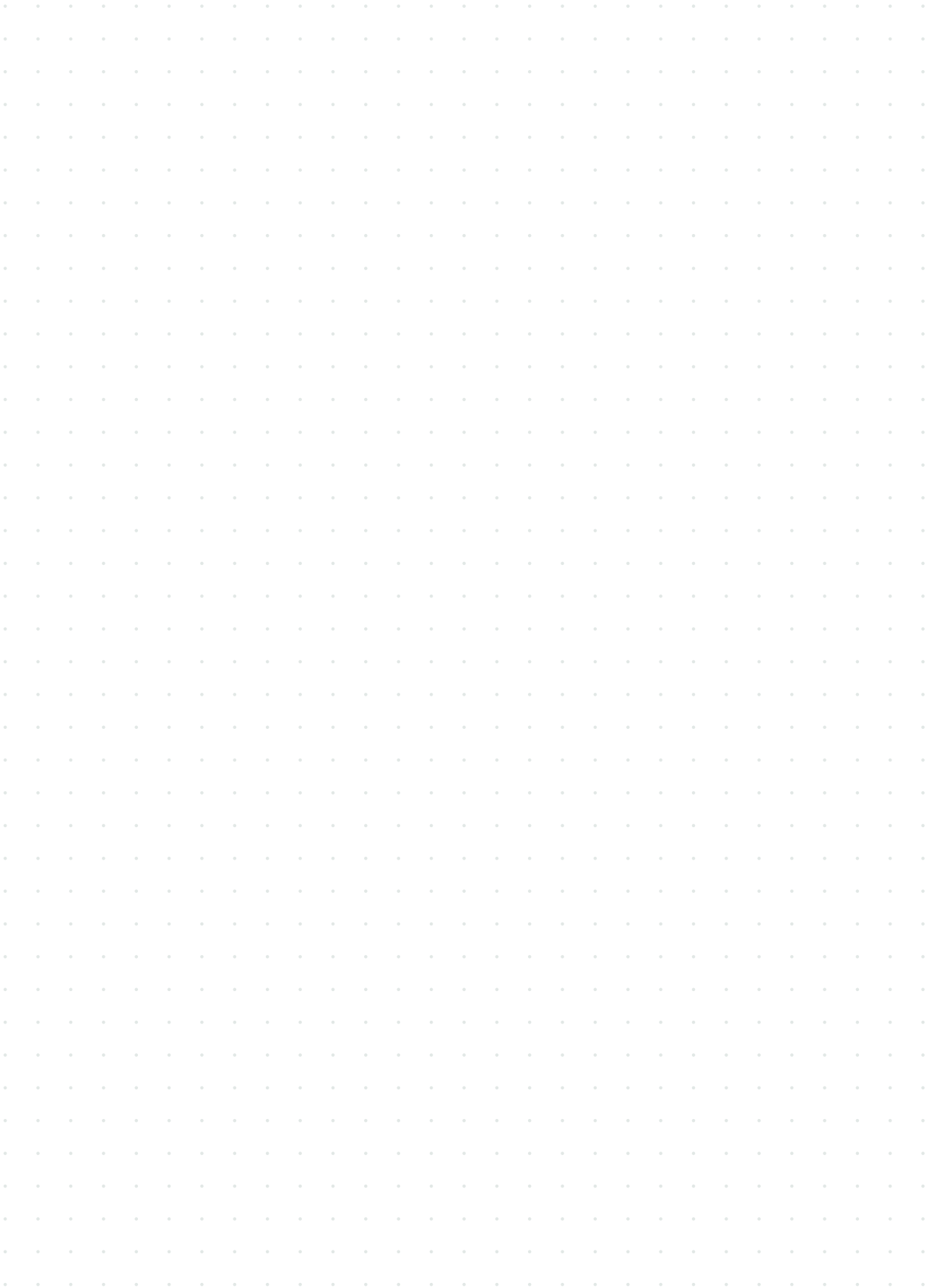


Scannez pour un guide détaillé sur l'utilisation de ce journal

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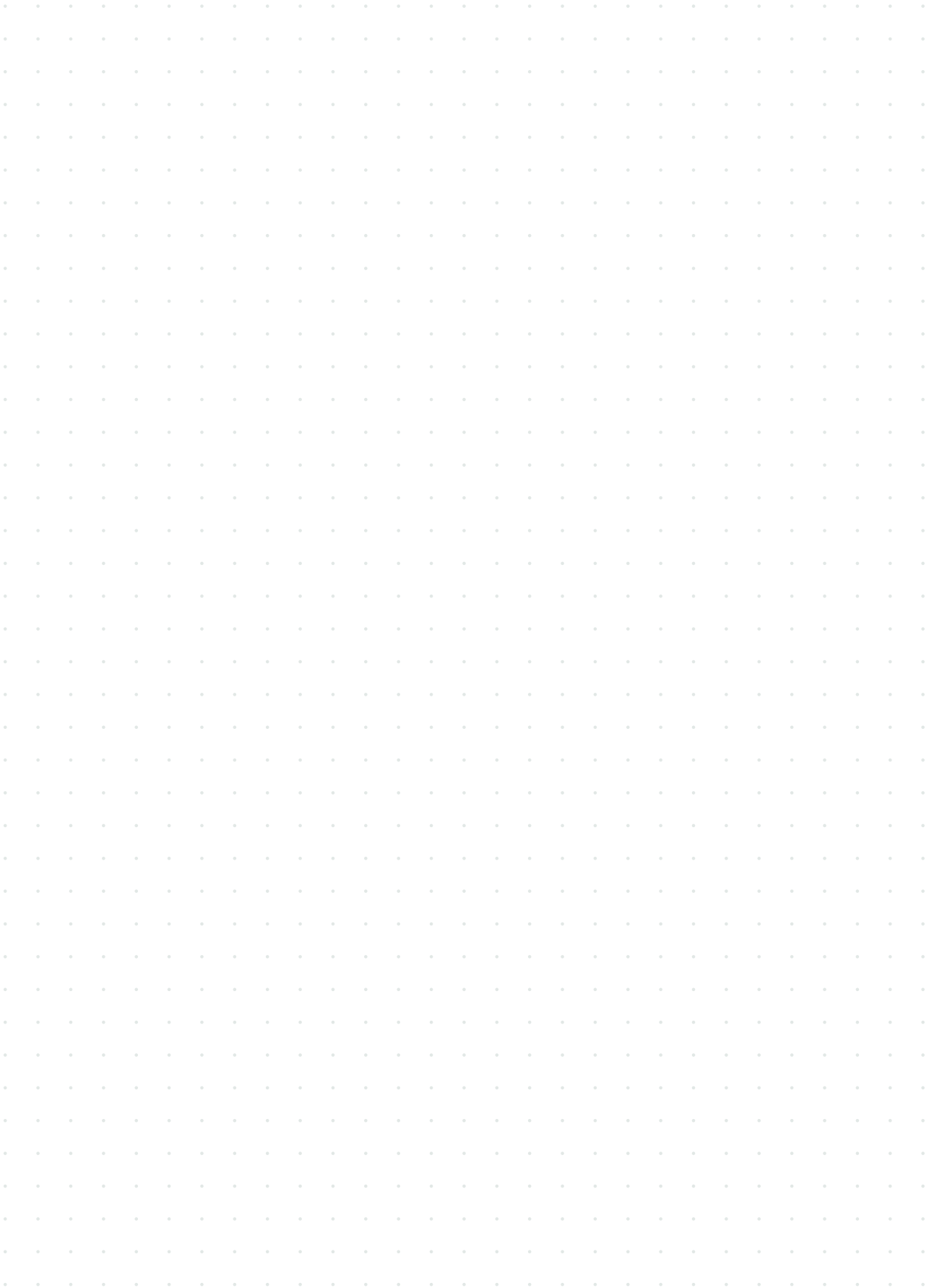
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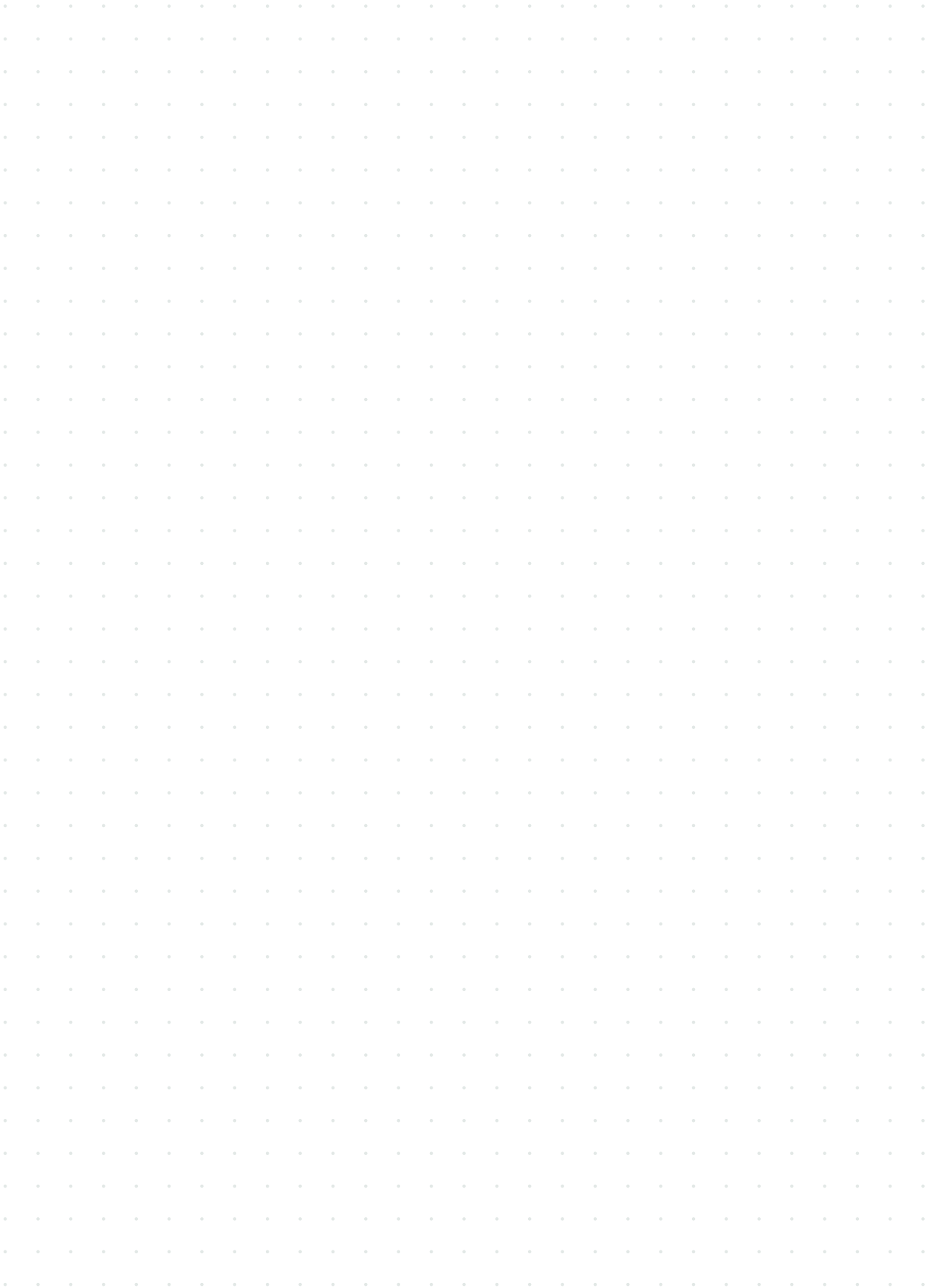
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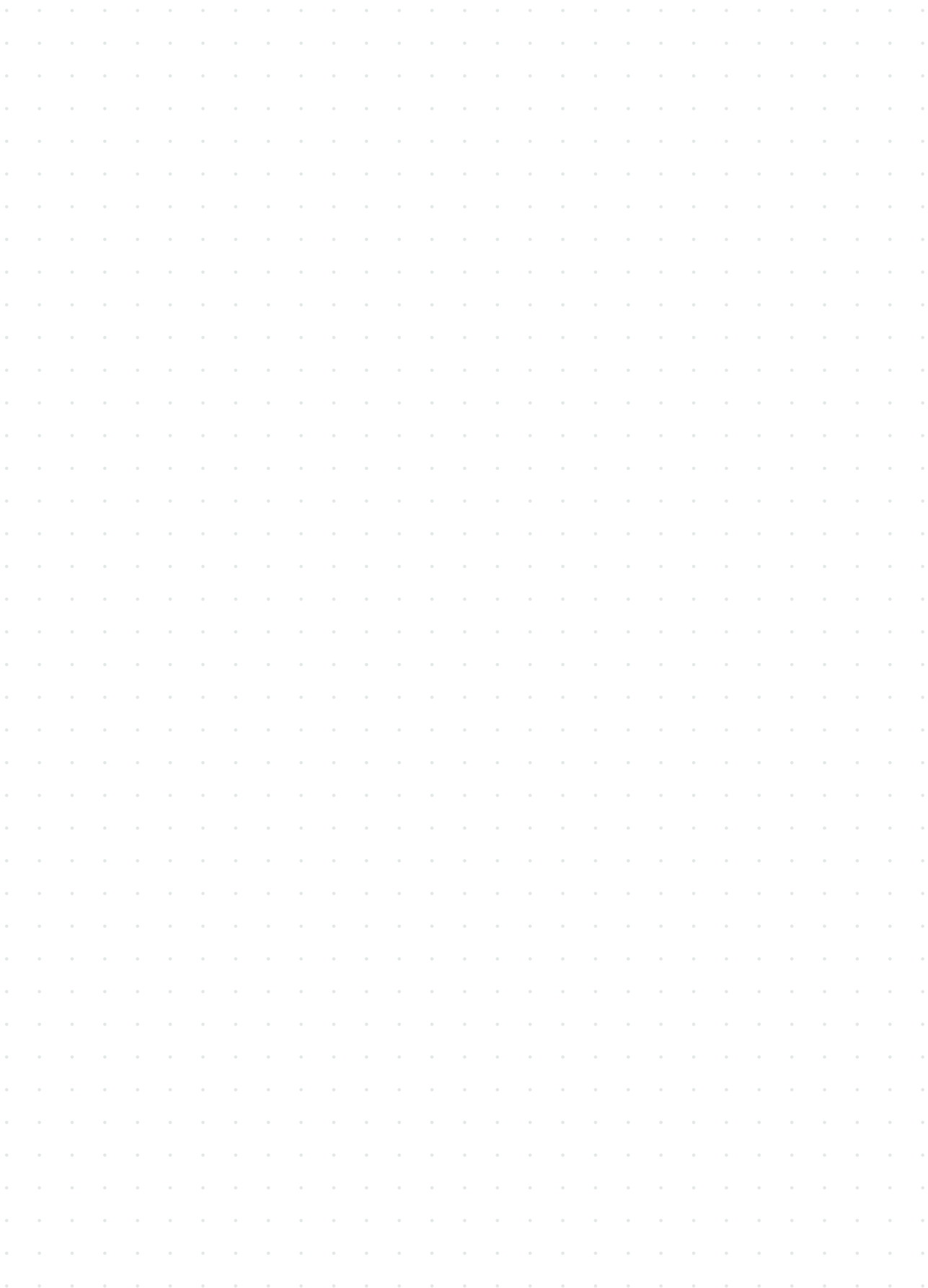
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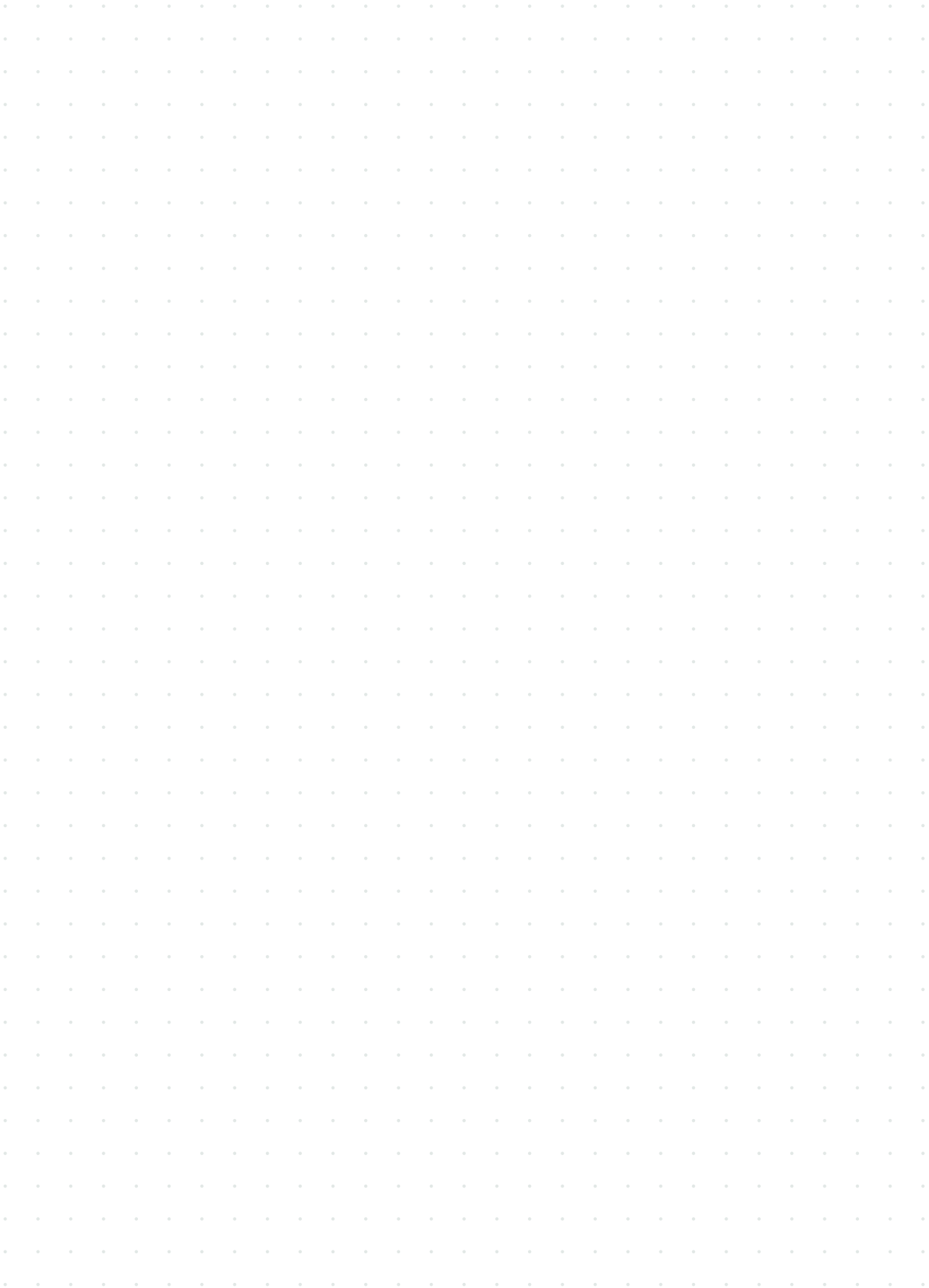
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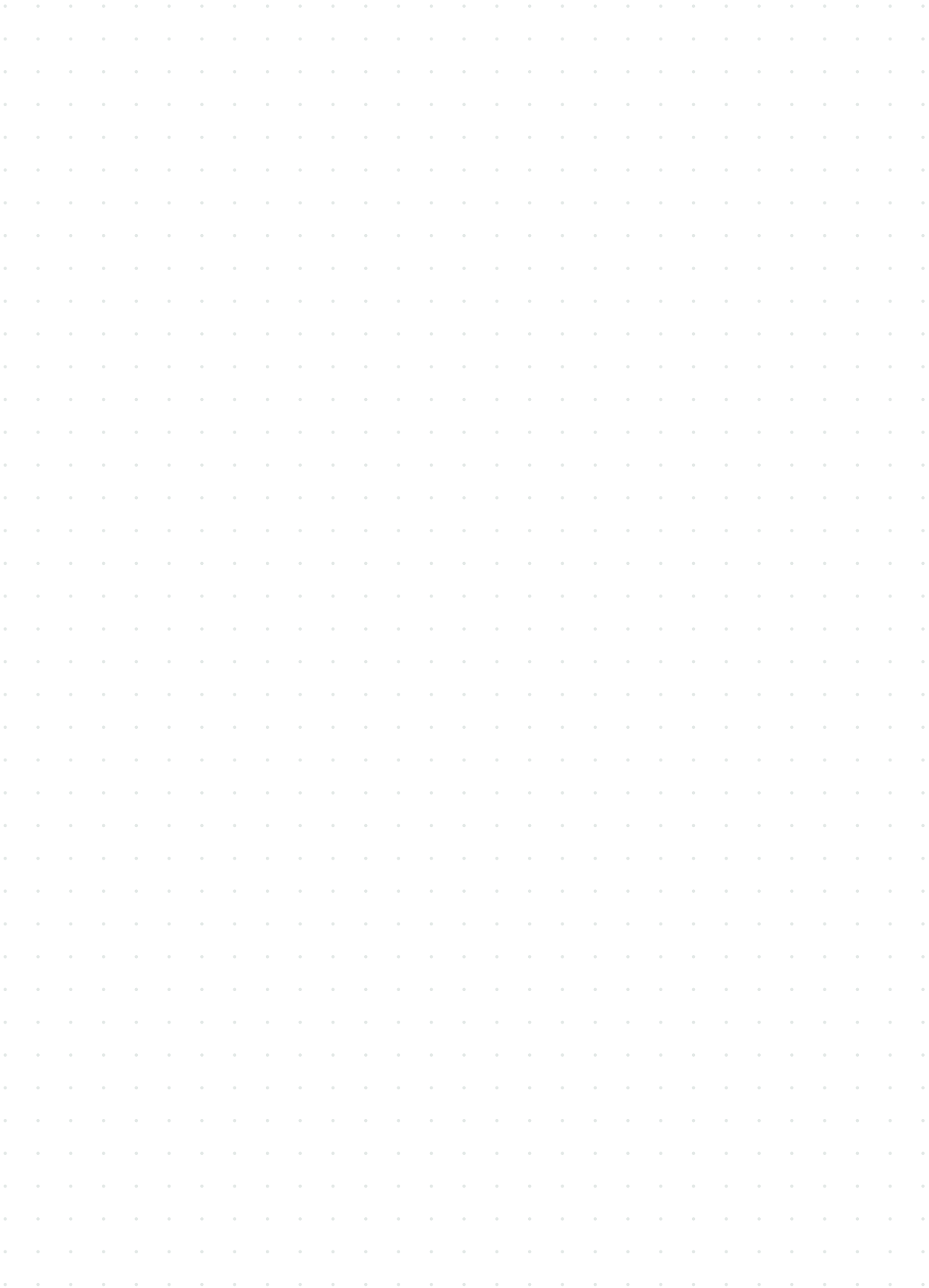
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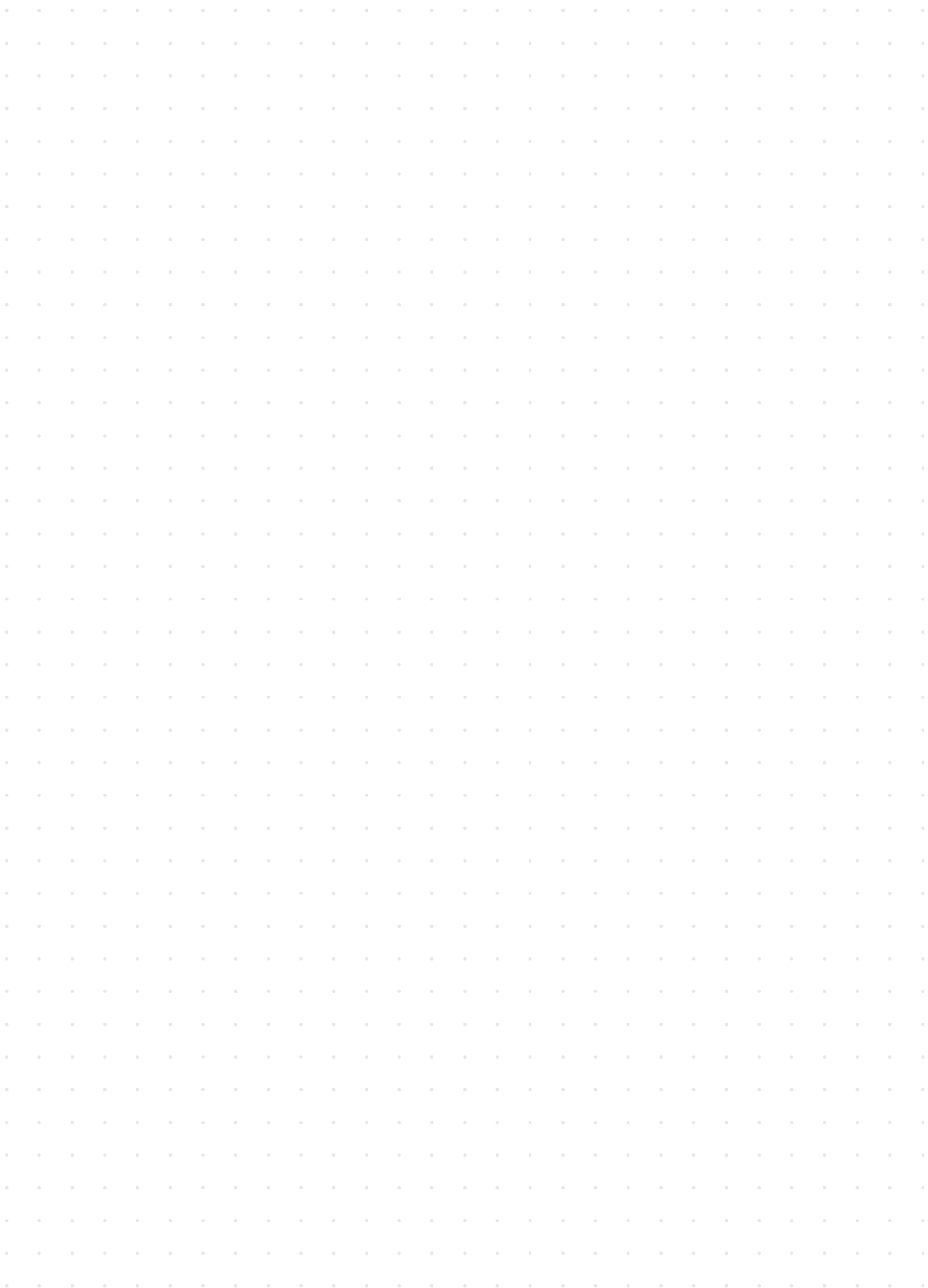
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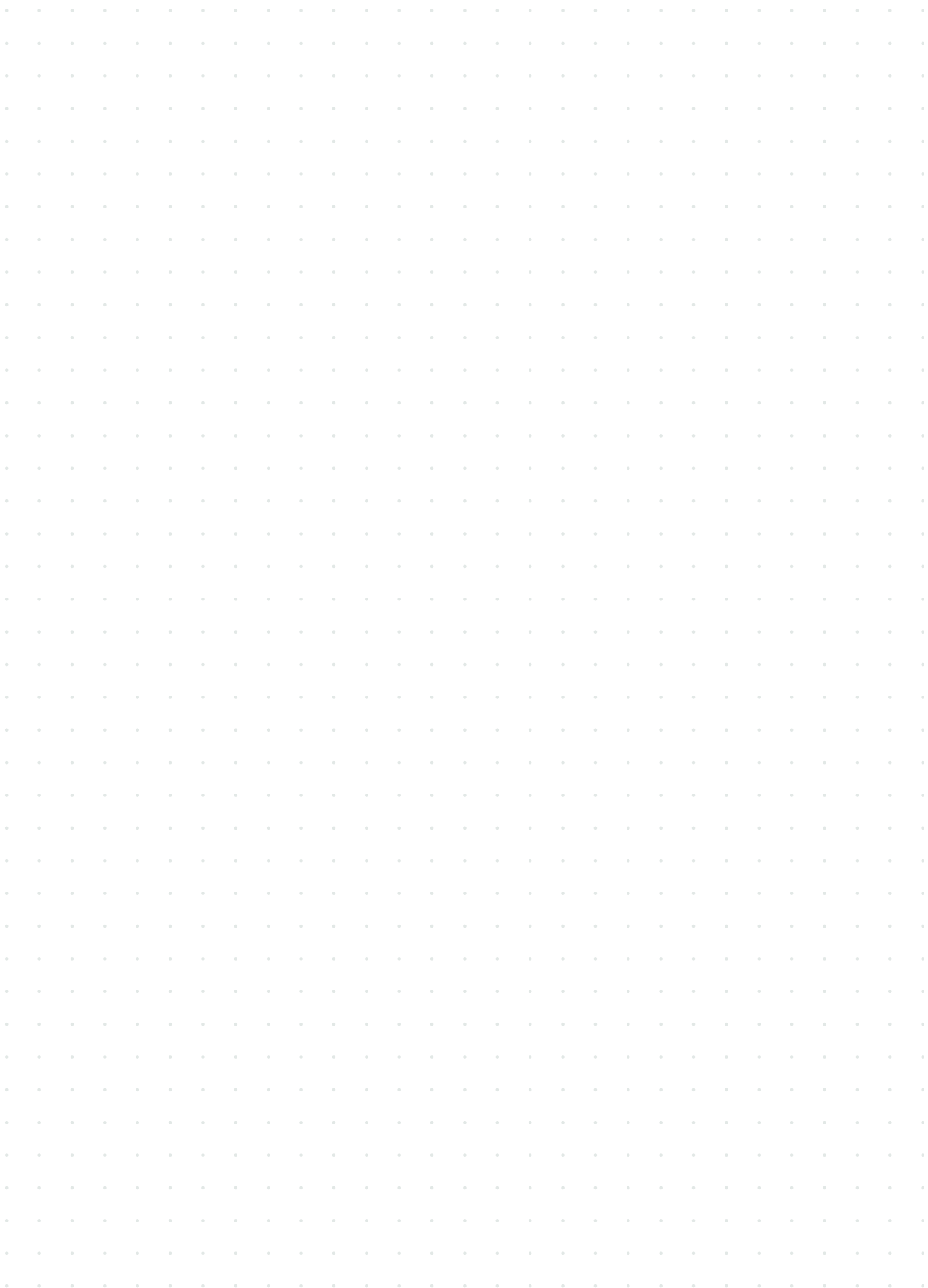
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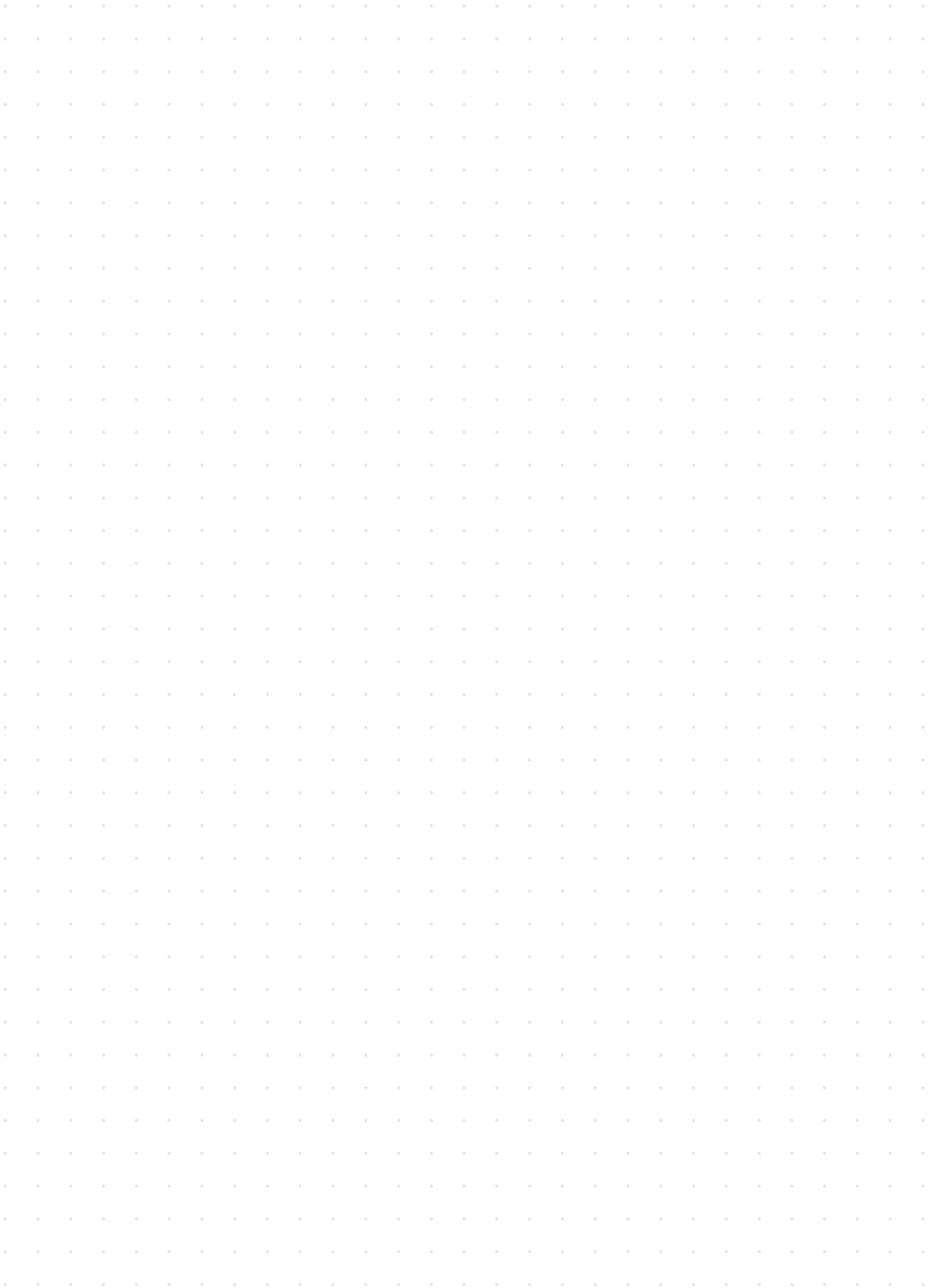
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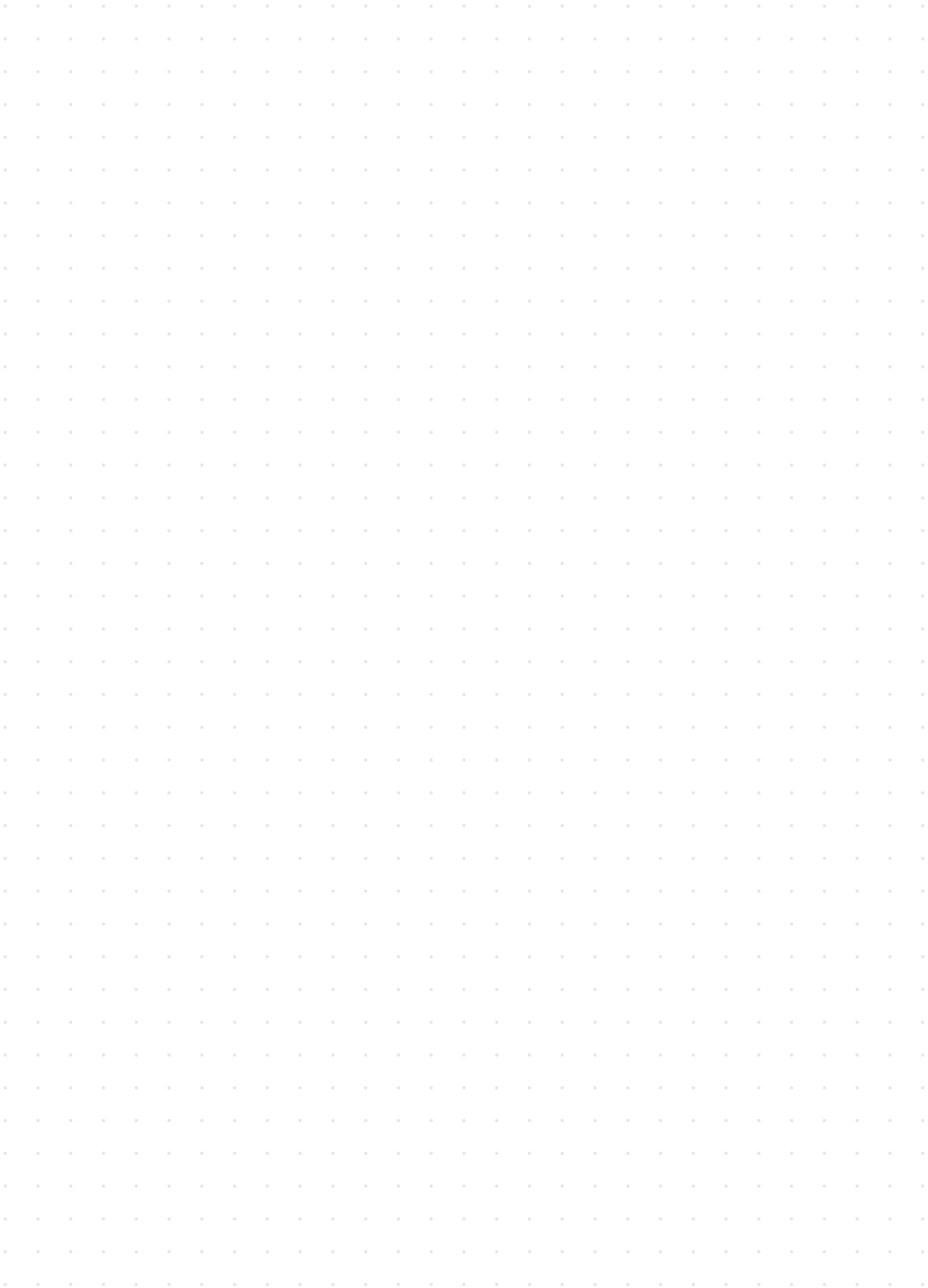
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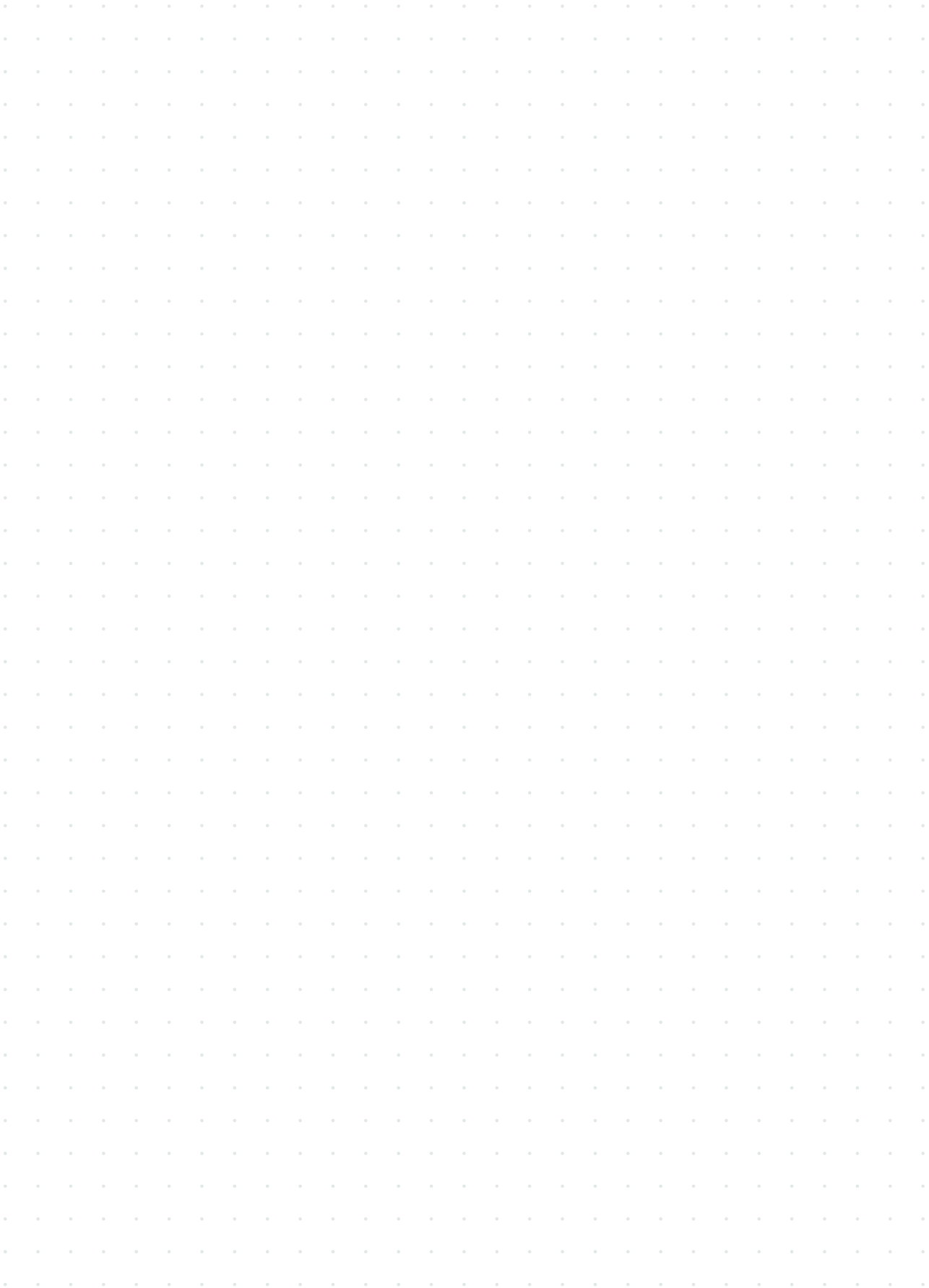
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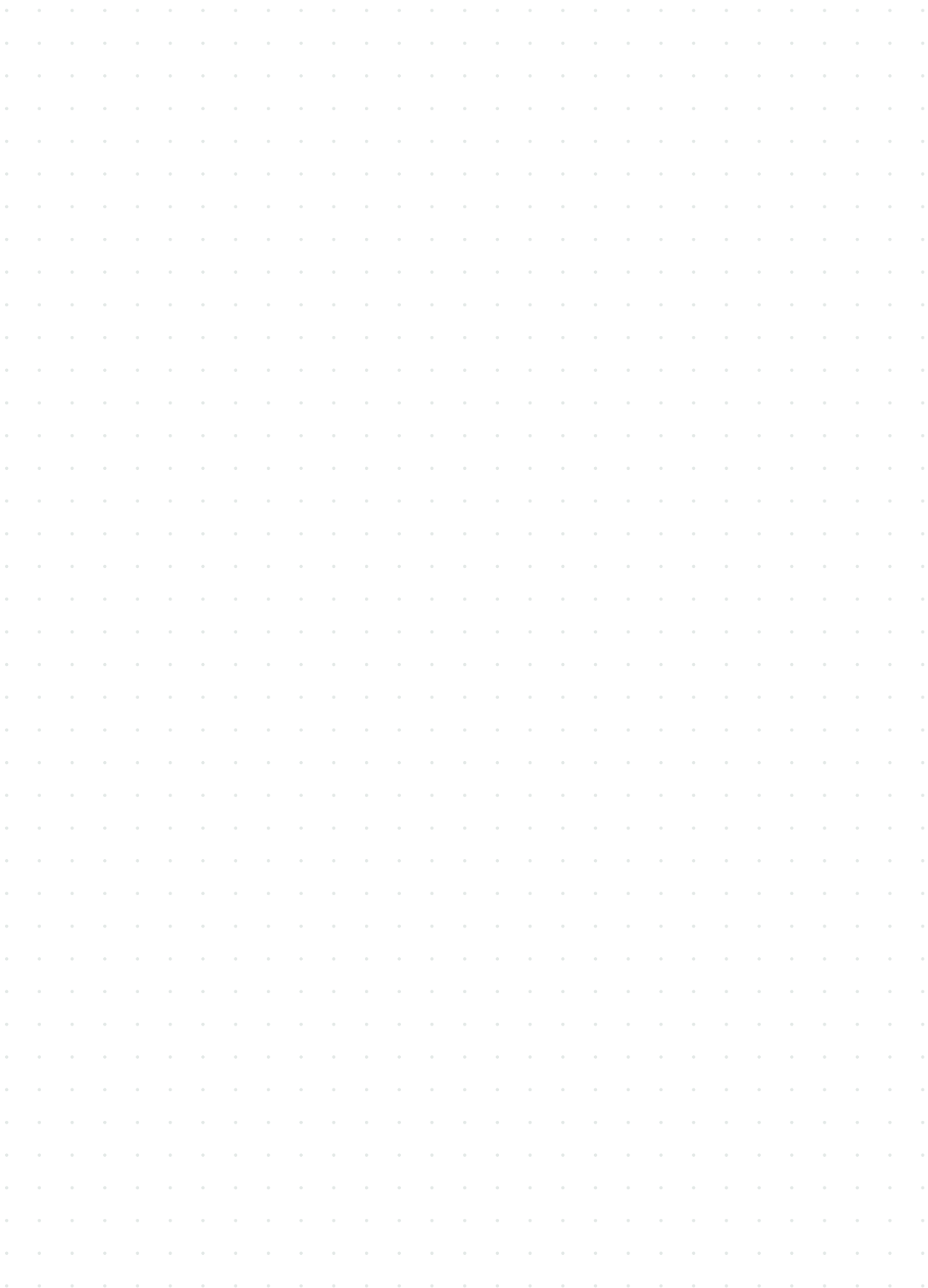
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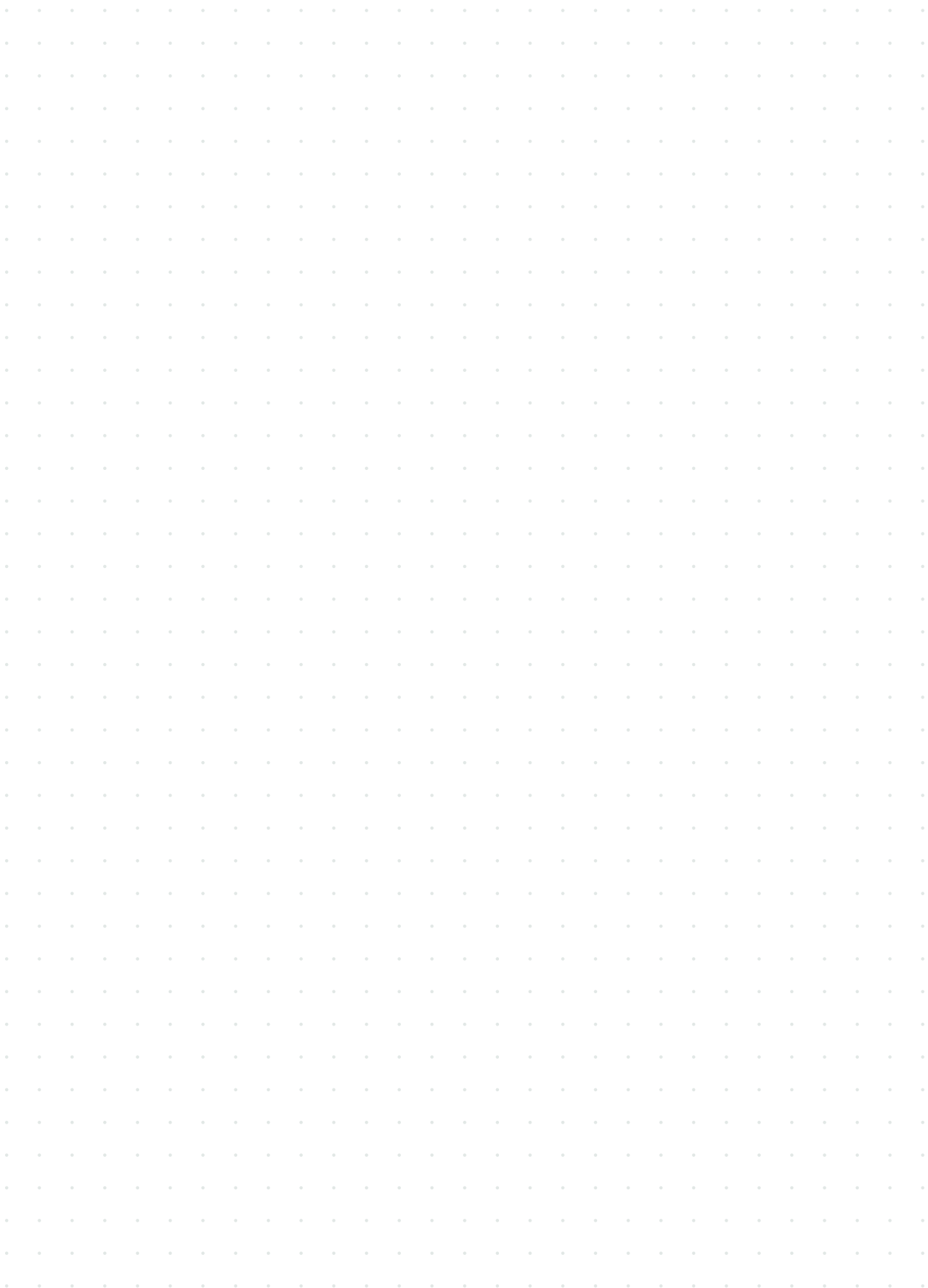
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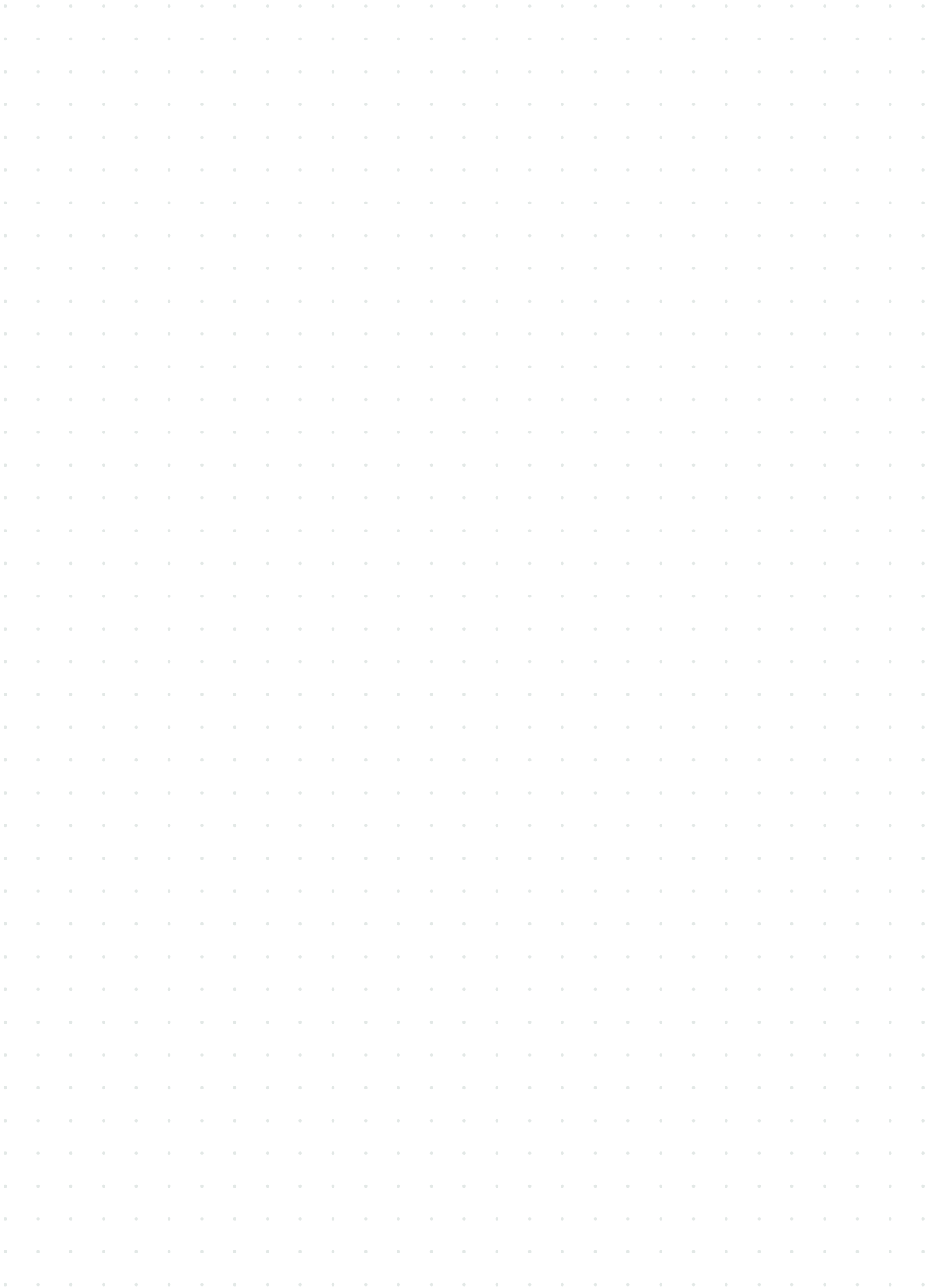
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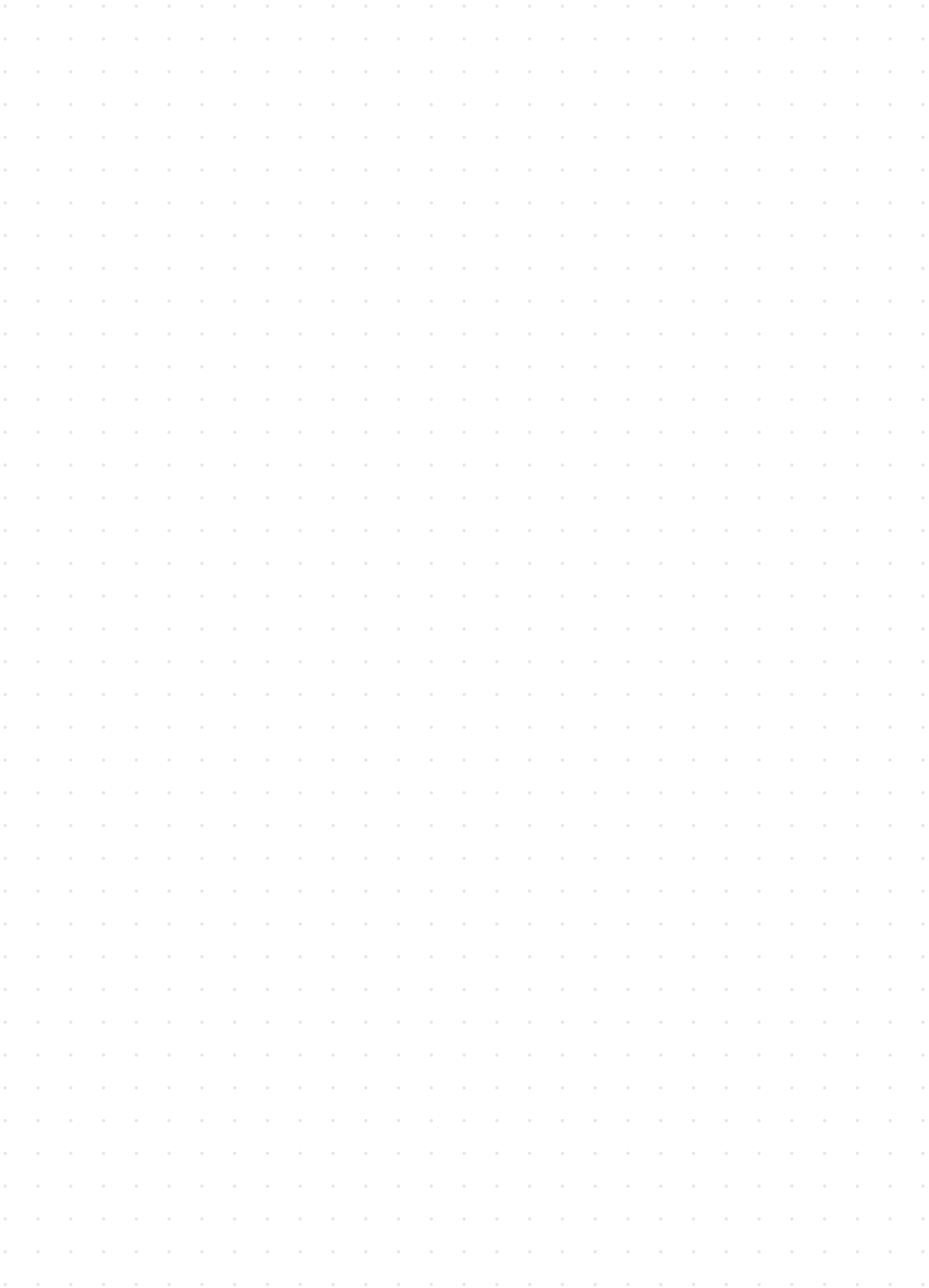
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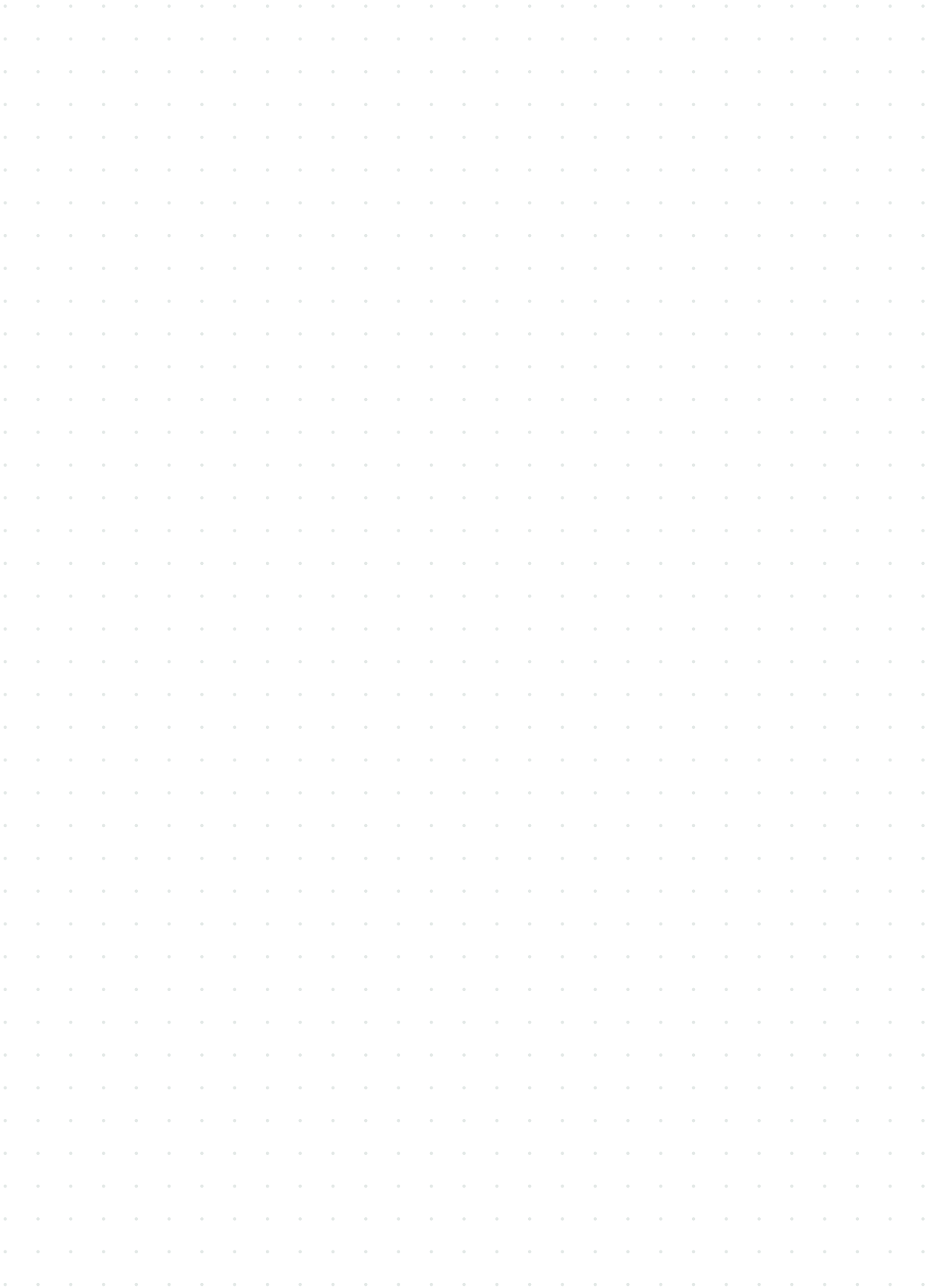
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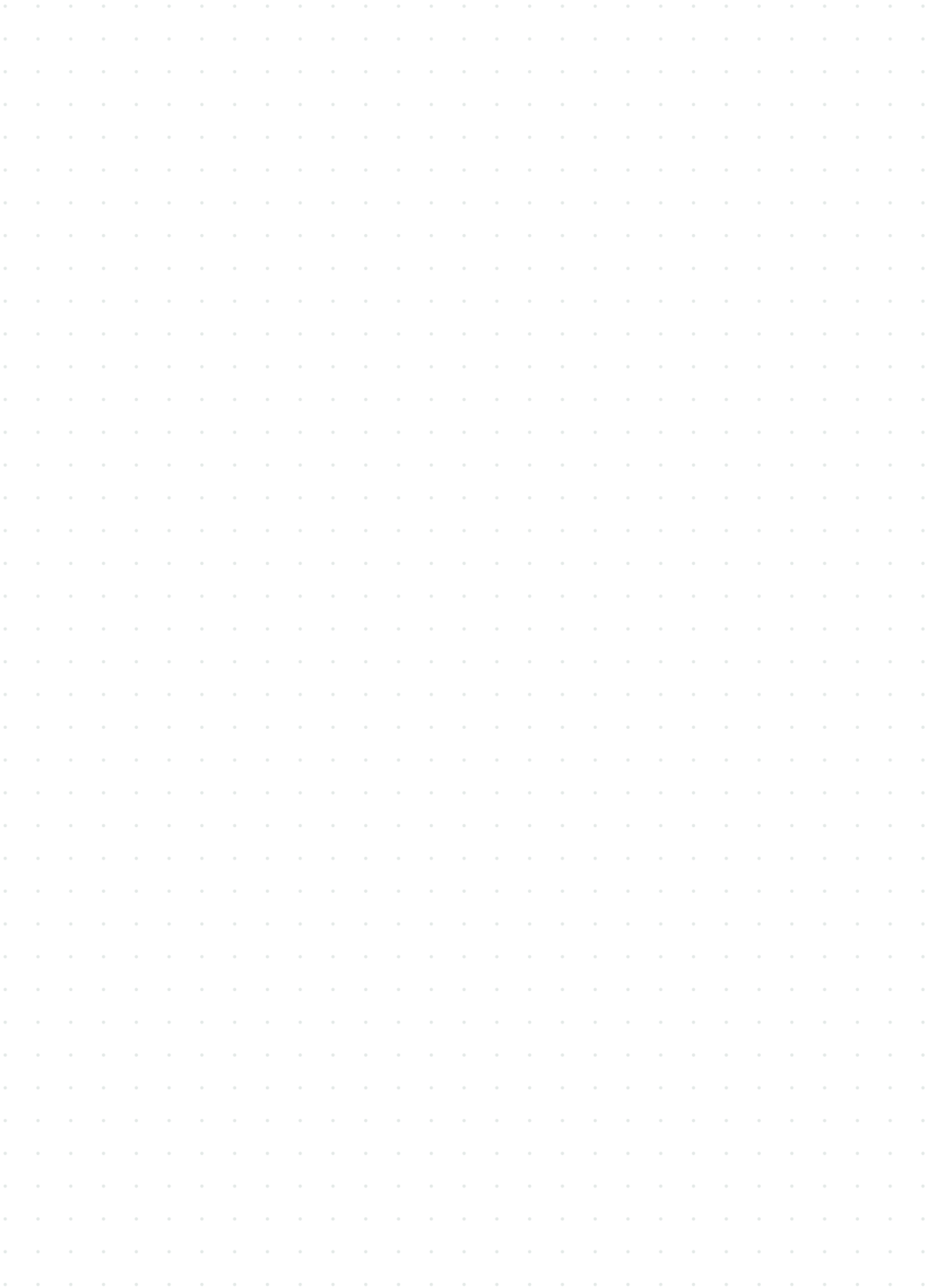
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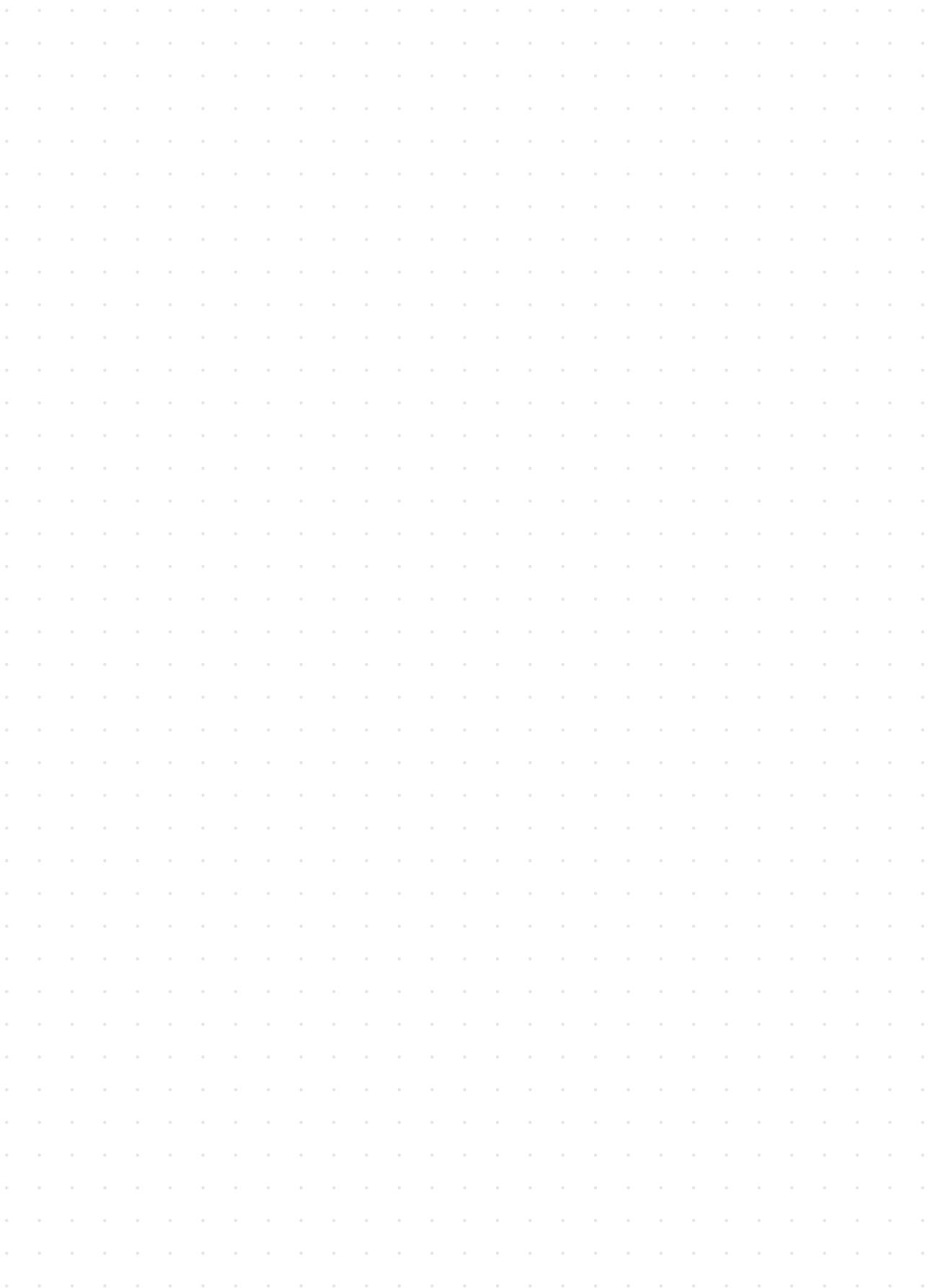
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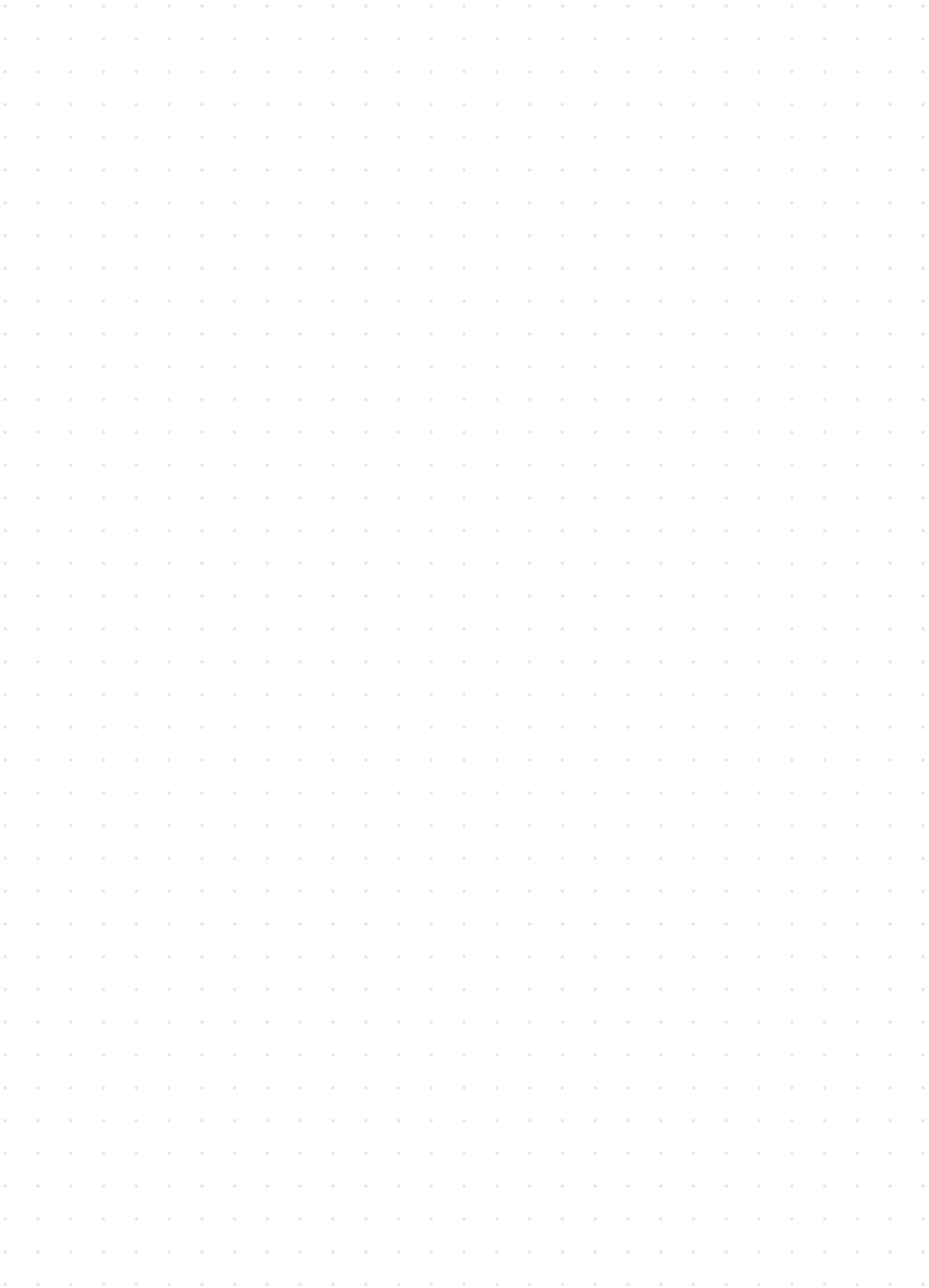
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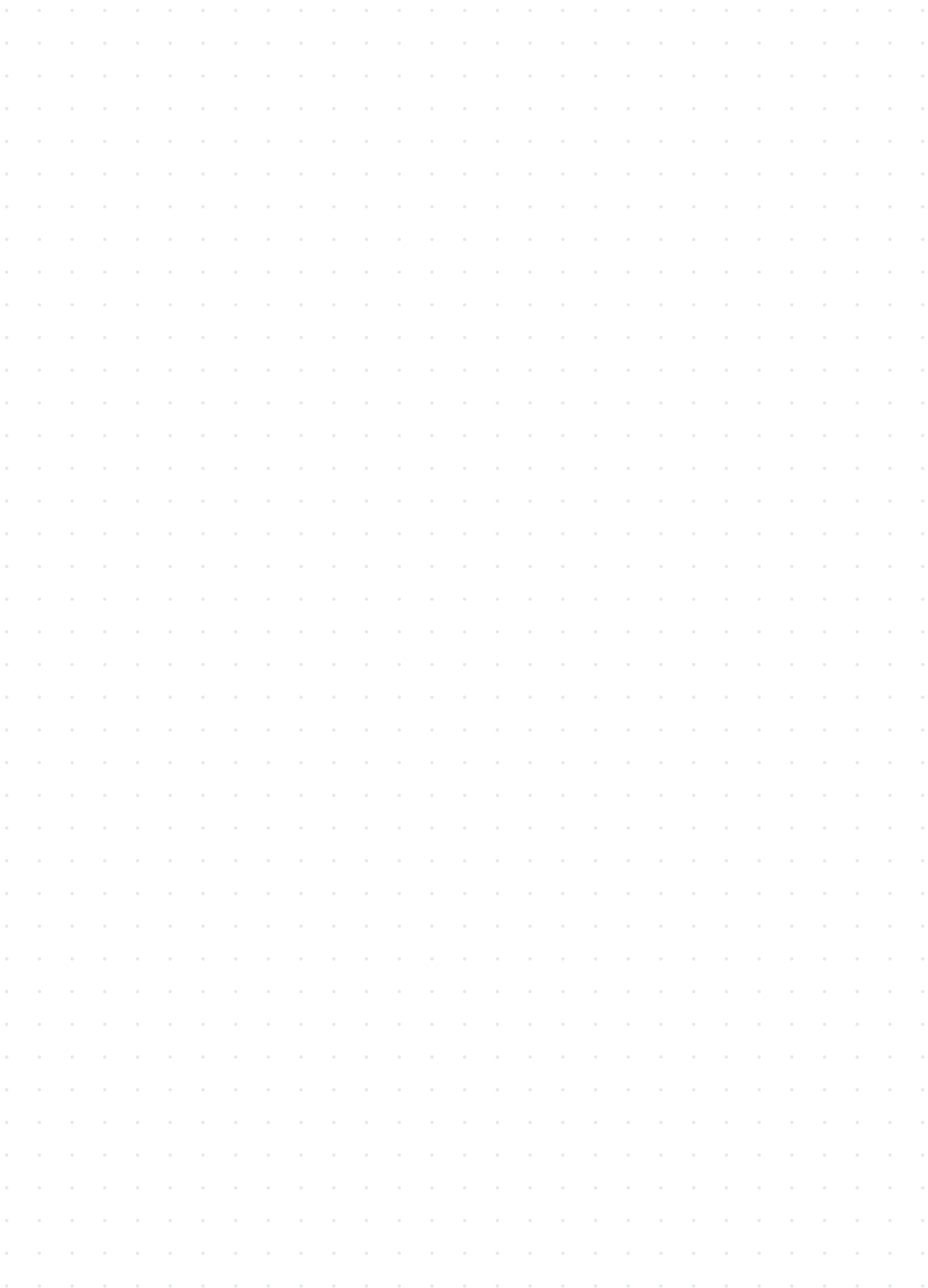
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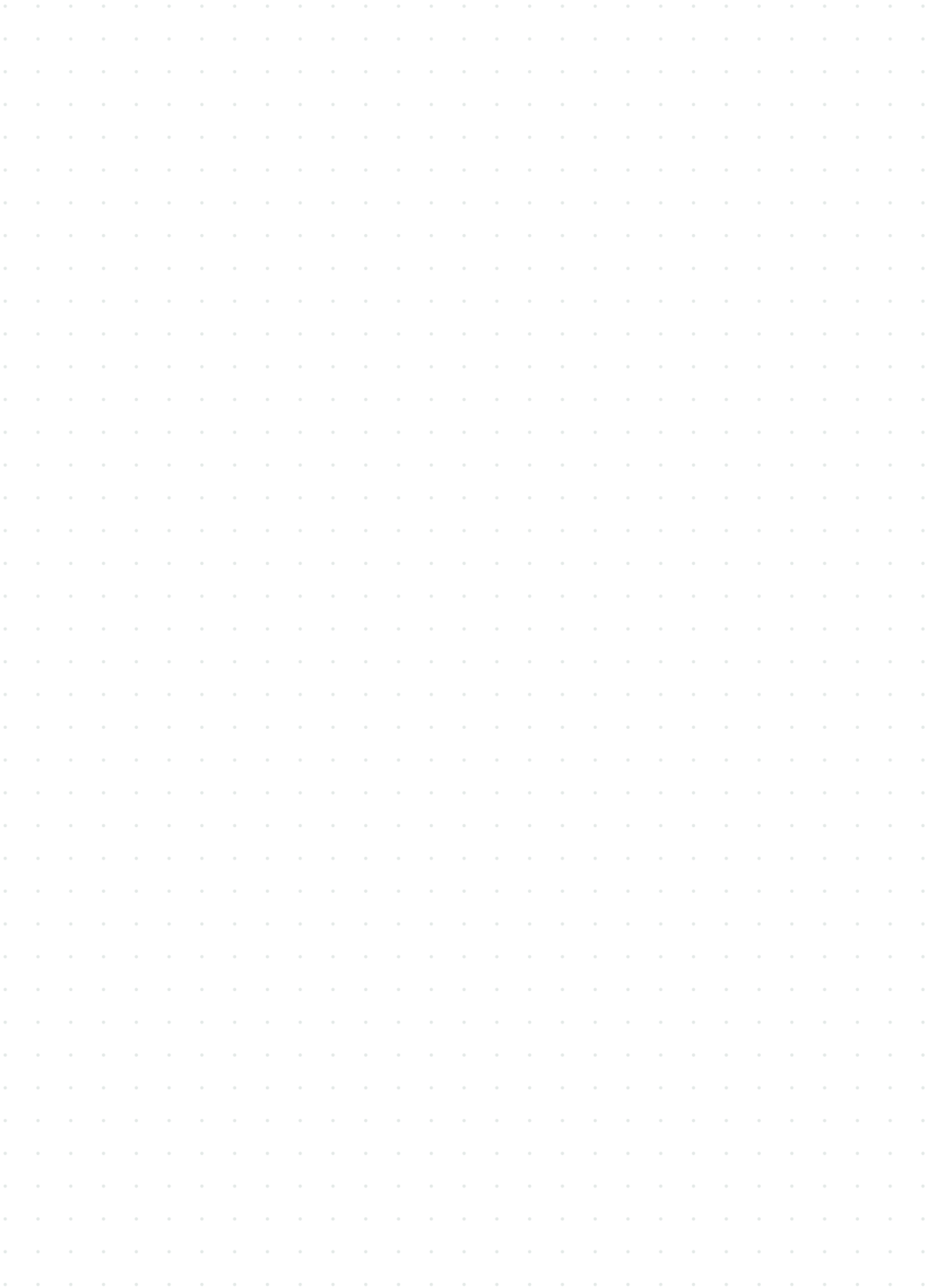
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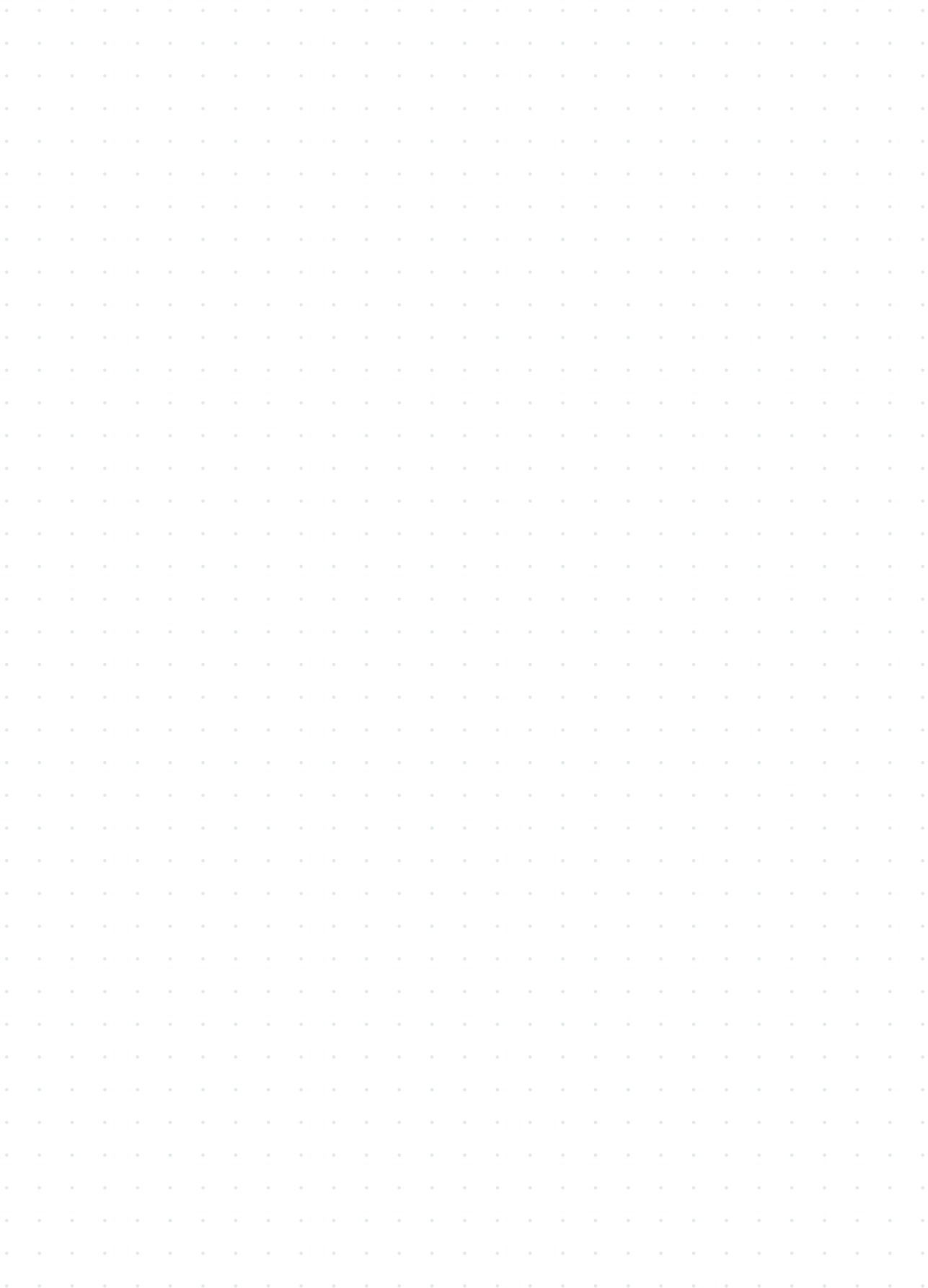
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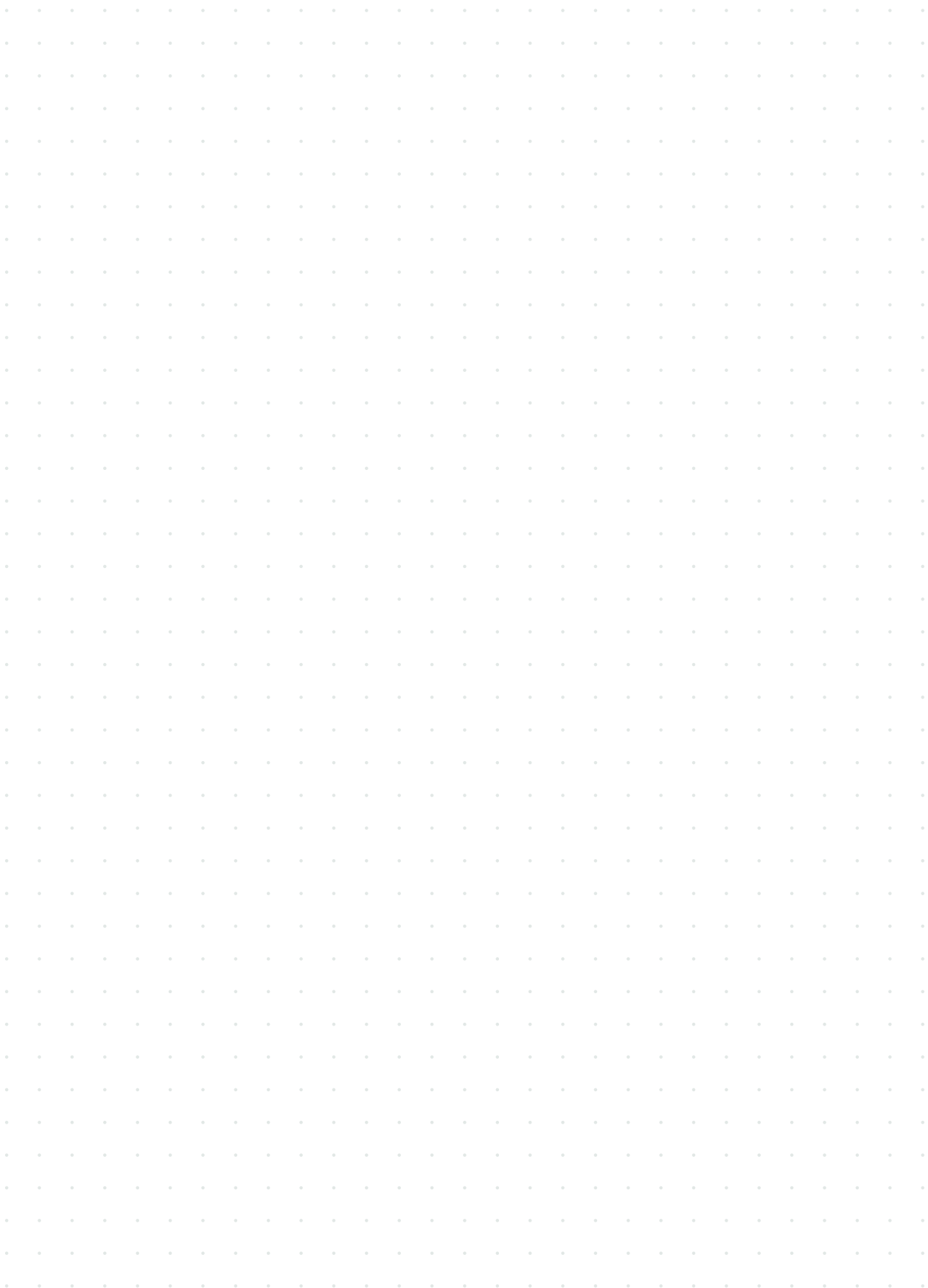
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